Wednesday 9 May 2018

Pre-congress workshops

0. Room 172 09:00 - 11:30  Train the Trainers course (on CHC)  G. Merki, F. Roumen, Tibor Novak

1. Room 172 15:00 - 17:30  Part A Let us talk about pleasure  EG on sexual education
Part B Sexual history taking

2. Room 180 15:00 - 16:15  Hands-on training IUDs and implants  R. Beerthuizen, Tibor Novak (Hungary), Gabor Sobel (Hungary)
Hungarian participants

3. Room 180 16:30 - 17:45  Hands-on training IUDs and implants  R. Beerthuizen, Tibor Novak (Hungary), Gabor Sobel (Hungary)
International participants

4. Room 177 15:00 - 16:30  How to design & perform a study / enhance your grant application / meet regulatory approval  D. Archer, B. Zilaitiene

5. Room 177 16:45 - 17:30  How to organise and write a paper  F. Roumen

6. Room 183 15:00 - 16:30  Practice of medical abortion  EG on abortion
7. Room 183 16:45 - 17:30  How to review a manuscript  J. Bitzer

8. Room 163 15:00 - 16:00  Red flags WHO MEC4  K. Gemzell Danielsson
9. 16:00 - 17:00  Essure insertion follow up  P. Lobo

10. Room 162 15:00 - 16:30  How to prevent and minimise contraceptive failure - The psychosomatic perspective and approach  H. Rowe, S. Tschudin
16:45 - 17:30  How to review a manuscript  J. Bitzer

18:00 - 19:15 Opening Ceremony
19:15 Opening Reception

18:00 - 19:15 Opening Ceremony  Chairs: G. Merki (Switzerland), G. Bartfai (Hungary), J. Bódis (Hungary, N. Ács (Hungary)
18:00 – 18:05  Welcome address by the Congress President G. Bartfai (Hungary)
18:05 – 18:10  Welcome address by the Ministry
18:10 – 18:15  Welcome address by the Hungarian Society of Obstetrics and Gynaecology
18:15 – 18:20  Welcome address by the ESC President G. Merki (Switzerland)
18:20 – 18:35  A concise history of ESC  D. Serfaty (France)
18:35 – 18:55  Cultural programme
18:55 – 19:05  History of the ESC medals  G. Bartfai (Hungary)
19:05 – 19:15  Congress Medal Award 2018
<table>
<thead>
<tr>
<th>Time</th>
<th>Room A</th>
<th>Room B</th>
<th>Room C</th>
<th>Room D</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 - 09:00</td>
<td><strong>Technology &amp; basic science</strong>&lt;br&gt;Intro/overview</td>
<td><strong>Technology &amp; basic science</strong>&lt;br&gt;Expert Group session&lt;br&gt;EG on STI&lt;br&gt;How to inform and reach women about STI in the different age groups</td>
<td><strong>Session of the French-speaking Society of Contraception</strong>&lt;br&gt;(in English)</td>
<td></td>
</tr>
<tr>
<td>09:00 - 10:00</td>
<td><strong>Technology &amp; basic science</strong>&lt;br&gt;Congress Session&lt;br&gt;From bench-to bed-to the hand of women</td>
<td><strong>Technology &amp; basic science</strong>&lt;br&gt;Joint session ESC - ICMC&lt;br&gt;Male contraception</td>
<td><strong>Session of the French-speaking Society of Contraception</strong>&lt;br&gt;(in English)</td>
<td></td>
</tr>
<tr>
<td>10:00 - 10:30</td>
<td><strong>Break and poster viewing (6 poster presentations)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 - 12:00</td>
<td><strong>Clinical practice</strong>&lt;br&gt;Congress Session&lt;br&gt;Life course approach&lt;br&gt;Contraception in the perimenopause</td>
<td><strong>Sponsored Symposium</strong>&lt;br&gt;Bayer</td>
<td><strong>General/other</strong>&lt;br&gt;Congress Session&lt;br&gt;Economics and Epidemiology of Contraception</td>
<td><strong>Culture &amp; Policies</strong>&lt;br&gt;Congress Session&lt;br&gt;Culture and religion</td>
</tr>
<tr>
<td>12:00 - 13:45</td>
<td><strong>Lunch and poster viewing (12 poster presentations)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15 - 13:45</td>
<td><strong>Sponsored Symposium</strong>&lt;br&gt;Gedeon Richter</td>
<td><strong>Joint session ESC - CIC</strong></td>
<td><strong>Joint session</strong>&lt;br&gt;ESC ISPOG (1 hour)</td>
<td><strong>Meet the Experts (1 hour)</strong>&lt;br&gt;(in smaller rooms)&lt;br&gt;(1) Treatment of side effects of contraception&lt;br&gt;(2) How to select the optimal Levonorgestrel-releasing IUS&lt;br&gt;(3) Workshop: Clinical cases</td>
</tr>
<tr>
<td>13:45 - 15:15</td>
<td><strong>Clinical practice</strong>&lt;br&gt;Congress Session&lt;br&gt;Gynaecological disorders&lt;br&gt;Gynecological disorders</td>
<td><strong>Sponsored Symposium</strong>&lt;br&gt;Gedeon Richter</td>
<td><strong>Expert Group session</strong>&lt;br&gt;Joint session ESC Expert group on abortion&lt;br&gt;and FIAPAC</td>
<td><strong>Free communications</strong>&lt;br&gt;Young scientists</td>
</tr>
<tr>
<td>15:15 - 15:45</td>
<td><strong>Break and poster viewing (6 poster presentations)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15:45 - 17:15</td>
<td><strong>Clinical practice</strong>&lt;br&gt;Congress Session&lt;br&gt;Systemic medical conditions</td>
<td><strong>Sponsored Symposium</strong>&lt;br&gt;Exelis</td>
<td><strong>Technology &amp; basic science</strong>&lt;br&gt;Congress Session&lt;br&gt;Emergency contraception</td>
<td><strong>Session of the Hungarian Society of Obst'gyn</strong>&lt;br&gt;(in English)</td>
</tr>
<tr>
<td>17:15 - 18:15</td>
<td></td>
<td></td>
<td></td>
<td><strong>ESC General Assembly</strong>&lt;br&gt;(members only)</td>
</tr>
</tbody>
</table>

**Thursday 10 May 2018**

08:30 - 09:00 **Technology & basic science**<br>Intro/overview
Room A
Chairs: E. Arisi (Italy), J. Rigó (Hungary)

09:00 - 10:00 **Congress session - Technology & basic science**<br>From bench-to bed-to the hand of women
Room A
Chairs: K. Gemzell Danielsson (Sweden), E. Arisi (Italy), J. Rigó (Hungary)

New delivery systems in contraception R. Sitruk Ware (USA)
### Moving from EE to E2 and E4
J.M. Foidart (Belgium)  

An update on progesterone receptor modulators for contraception  
Ph. Bouchard (France)

### FC-01
Effects of Estetrol on Thrombotic and Growth Parameters Associated with Vascular Remodeling  
R. Dubey (Switzerland)

---

#### 09:00 - 10:00  
**Joint session ESC - ICMC**  
**Male contraception**  
**Room B**  
**Technology & basic science**  
Chairs: G. Merki (Switzerland), D. Serfaty (France)

- **Introduction: Activities of the ICMC**  
  D. Serfaty (France)
- **Combined injection NETE+TU for male contraception**  
  M. Festin (WHO)
- **The male pill**  
  D. Blithe (USA)
- **Combined Nestorone + Testosterone Gel**  
  C. Wang (USA)

#### 09:00 - 10:00  
**Expert Group session**  
**Room C**  
**Expert Group on STI**  
How to inform and reach women about STI in the different age groups  
Chairs: M. Merckx (Belgium), P. Greenhouse (UK)

- Communication about sexuality in adolescence  
  S. Reuter (UK)
- Issues around STI and sexual abuse  
  G. Donders (Belgium)
- Can online sexual health services work?  
  P. Baraitser (UK)

#### 09:00 - 10:00  
**Session of the French-speaking Society of Contraception**  
**Room D**  
(in English)  
Chairs: B. Theba-Bonane (Burkina-Faso), D. Serfaty (France), H. Chelli (Tunisia), M. Bouzakrimi (Algeria), M. Yacoubi (Morocco)

- Hormonophobia and contraception. How can J. Bitzer (Switzerland)  
- Humour: a disposition of mind or feeling. It J. J. Amy (Belgium)  
- Contraception in overweight and obese women  
  D. Serfaty (France)

---

#### 10:30 - 12:00  
**Congress session - Clinical practice**  
**Room A**  
**Life course approach**  
Contraception in the perimenopause  
Chairs: G. Merki (Switzerland), G. Grebennikova (Kazakhstan), A. Szilágyi (Hungary)

- Safety of estradiol containing combined hormonal contraceptives in perimenopausal women  
  A. Gompel (France)
- Mental disorders during perimenopause and comorbid sexual dysfunction  
  C. Soares (Canada)
- When to stop contraception: how to identify menopause in POP and CHC users  
  C. Kreutzer (Romania)

**FC-02**  
Targeting contraceptive advice and supply in community settings: development of a clinical prediction rule using psychosocial questions  
N. Edelman (UK)

**FC-03**  
Cardiovascular Safety in Users of Different Combined Oral Contraceptives – Final results from the INAS-SCORE Study  
K. Heinemann (Germany)

---

#### 10:30 - 12:00  
**Sponsored Symposium**  
**Room B**  
**Bayer**  
Integrating clinical and real-world data: a Qlaira case study  
Chair: J. Bitzer (Switzerland)
Welcome & introduction: the importance of real-world data
J. Bitzer (Switzerland)

Understanding the value of real-world data
A. Black (Canada)

Integrating real world and clinical trial data for QnAbs: a conversation
R. Nappi (Italy), G. Grandi (Italy)

Panel discussion on real-world data: building a bridge to clinical practice
All Faculty

Summary and close
J. Bitzer (Switzerland)

10:30 - 12:00
Congress session - General/other
Room C

Economics and Epidemiology of Contraception
Chairs: I. Sivin (USA), C. Picavet (Netherlands)

The economic benefits of meeting unmet need for contraception
J. Trussell (USA)

Contraceptive reimbursements different policies within Europe: where is the evidence?
M. Oliveira da Silva (Portugal)

Challenges in contraceptive epidemiology
H. de Bamos (Portugal)

Research integrated with policy makers: real-time health policy and service improvements during “CART- Mifepristone Implementation Research”, Canada
W.V. Norman (Canada)

The provision of free-of-charge LARC methods and the risk of unintended pregnancy – a register based cohort study
F. Gyllenberg (Finland)

10:30 - 12:00
Congress session - Culture & Policies
Room D

Culture and religion
Chairs: S. Ozalp (Turkey), N. Salakos (Greece), I. Potapenkovkova (Latvia)

Gynaecological health care in immigrants (incl contraception)
S. Kalantaridou (Greece)

Cultural diversity of sexuality education in Europe
G. Lazdane (WHO)

Contraception and Aboriginal Culture: lessons from across Australia
D. Bateson (Australia)

Factors influencing the sexual and reproductive health of Muslim women - a systematic review
N. Akmar (UK)

Sexuality Education in Europe and Central Asia: An overview of 25 Countries
E. Ketting (Netherlands)

12:15 - 13:45
Sponsored Symposium
Room A

Gedeon Richter
Improving women’s lives - impact of contraceptives on the wellbeing of women
Chair: J. Bitzer (Switzerland)

Improving women’s life and well-being – contraceptive’s benefits with its additional values
J. Bitzer (Switzerland)

Effects of different progestins on prostaglandin biosynthesis in human endometrial explants
K. Roth (Germany)
**25' LNG IUS specifically designed to meet expectations of women of different age, parity and BMI**  
R. Spaczynski (Poland)

**15' Q & A**

### Joint Session ESC - CIC

**12:15 - 13:45**

**Room B**

**Legislation on contraception and abortion in Latinamerica**  
L. Ferreira Vicente (Portugal)

**Medical termination of pregnancy in Latinamerica**  
R. Schiavon (Mexico)

**Iberoamerican Master on Contraception**  
R. Lertxundi (Spain)

### Meet the Experts Session 1

**12:45 - 13:45**

**VIP II room**

**Max 25 participants**

**Treatment of side effects of contraception**

**Coordinators:** F. Roumen (Netherlands) and G. Merki (Switzerland)

Interactive memory game and slide presentation on the treatment of common side effects of combined hormonal contraception (irregular bleeding, headache, weight gain, nausea, skin changes, breast tenderness, vaginal complaints, libido loss and mood changes)

### Meet the Experts Session 2

**12:45 - 13:45**

**Foyer of Hall G**

**Max 50 participants**

How to select the optimal levonorgestrel-releasing IUS (LNG-IUS)?

**Moderators:** D. Mansour (UK), A. Godinho-Lourenco (Switzerland)

This is a workshop to help clinicians select the optimal levonorgestrel-releasing intrauterine system to meet the needs of their patients. It will be interactive using case-based discussion to help the group reach a consensus about which device is ideal for different groups of women, if these devices result in differing fitting and post-fitting pelvic pain, the differences in progestogen side effects experienced by women using these devices, the benefits on cycle control, heavy menstrual bleeding and dysmenorrhea with these different devices and their use in perimenopausal contraception and endometrial protection.

### Meet the Experts Session 3 - Workshop - Clinical Practice

**12:45 - 13:45**

**Room D**

**Max 50 participants**

**Clinical cases**

**Moderators:** K. Sedlecky (Serbia), F. Mehmedovic (Bosnia & Herzegovina), A. Kapamadžija (Serbia)

Participants might expect to increase their understanding of medical and social factors that influence a contraceptive choice in different life-stages.

Short presentations on the main characteristics of each reproductive stage (adolescence, middle age, over 40s)  
Presentation will include psycho-social factors (social/cultural determinants) that are influencing choices  
Case studies and moderated discussion

### Joint Session ESC - ISPOG

**12:45 - 13:45**

**Room C**

**Good peri-abortion care from a bio-psycho-social perspective**

**Chairs:** V. Pramataroff (Germany), S. Tschudin (Switzerland)

**Peri-abortion care: When is it too much and when too little?**  
S. Tschudin (Switzerland)

**What are women’s emotional needs?**  
Evd H. Rowe (Australia)
### Peri-abortion counselling and care in case of congenital anomalies and chromosomal abnormalities

**M. Paarlberg (the Netherlands)**

**13:45 - 15:15**

**Congress session - Clinical practice**

**Room A**

**Gynaecological disorders**

**Chairs:** M. Toschi (Italy), F. Bánhidy (Hungary), A. Dainiene (UK)

- **PCOs**
  - S. Skouby (Denmark)
- **PMS**
  - T. Bäckström (Sweden)

- **Adenomyosis:** a challenging condition from M. Correa Rancel (Spain)
- **Does salpingectomy provide further cancer risk reduction in women without a deleterious BRCA1/2 variant?**
  - L. Shulman (USA)
- **Sexually Transmitted Infections – The experience of an Adolescents Unit**
  - M. Brito (Portugal)

### 13:45 - 14:45

**Sponsored Symposium**

**Room B**

**Gedeon Richter**

- **Levonorgestrel emergency contraception – update on recent data**
  - Chair: N. Ács (Hungary)
    - Levonorgestrel emergency contraception and bodyweight
    - László Kardos (Hungary)
    - 40-year-experience with LNG-EC
    - B. Frey Tim (Switzerland)
    - Does Levonorgestrel affect sperm functionality?
    - Marta Durand (Mexico)
    - Q & A

### 13:45 - 15:15

**Joint session ESC - FIAPAC**

**Room C**

**Expert Group session**

**Chairs:** N. Martens (Belgium), A. Jansen van Hees (the Netherlands)

- **Restrictions to access**
  - S. Rowlands (UK)
- **Safe options for women**
  - K. Gemzell Danielsson (Sweden)
- **Training of providers**
  - S. Cameron (UK)

### 13:45 - 15:15

**Free Communications**

**Room D**

**6 presentations at 15 min each**

**Chairs:** S. Mehigan (UK), Frey Tim (Switzerland), F. Roumen (Netherlands)

- **Implementing a venous thromboembolism risk assessment in an abortion service**
  - F. von Hawrylak (UK)
- **The modulation of progesterins in the RNA expression of progesterone and glucocorticoid receptors in endometrial stromal cells exposed to inflammation**
  - G. Grandi (Italy)
- **Weight gain associated with LARC method use within a racially diverse patient population**
  - R. Hattiangadi (USA)
- **Health care differences across Europe concerning routine check-up of perforation risk with intrauterine devices: results of the EURAS-IUD study**
  - P. De Corte (Germany)
- **Don’t mention the “S” Word!**
  - A. Forsythe (UK)
15:45 - 17:15  Congress session - Clinical practice
Room A

Systemic medical conditions
Reproductive Health for young women with long term illness
Chairs: M. Short (Ireland), I. Wolman (Israel), E. Lopez Arregui (Spain)

Rheumatology
Contraception in the obese woman
Contraception HIV and STI
Auto immune disease, contraception and reproduction

FC-15 Pharmacokinetic profile of oral desogestrel before and after gastric bypass surgery
C. Ginstman (Sweden)

FC-16 Contraception for Women With Cardiac Disease
C. Gouveia (Brazil)

15:45 - 17:15  Sponsored Symposium
Room B

Exeltis
The evolution of vaginal rings in contraception
Chairs: J. Bitzer (Switzerland), N. Ács (Hungary)

Vaginal route of administration in contraception: Benefits, inconveniences and how counseling improves the use of this route
Ombel® the evolution of vaginal rings in contraception
Ombel® from theory to practice: real life clinical experience
R. Nappi (Italy)
I. Lete Lasa (Spain)
T. Römel (Germany)

15:45 - 17:15  Congress session - Technology & basic science
Room C

Emergency contraception
Chairs: C. Puig (ECEC), C. Murphy (UK)

Facts and myths around emergency contraception
Technical and evidence based update
Access to EC: trends in use, persistent challenges and new solutions
C. Puig Borras (Spain)
N. Envall (Sweden)
G. Bartfai (Hungary)
K. Cleland (USA)

FC-17 The EC wheel: A tool to promote choice and evidence-based counseling on emergency contraception
J. Smit (South Africa)

FC-18 Male perceptions, knowledge and experiences of accessing emergency contraception in the South African setting.

15:45 - 17:15  Session of the Hungarian Society of Obst/Gyn
Room D (in English!)

Contraception in Hungary; history, present and future
Chairs: József Bódis (Hungary), Nándor Ács (Hungary)

The history of contraception in Hungary
Current trends in contraception in Hungary
Future perspectives in Hungarian contraception
N. Ács (Hungary)
I. Sziller (Hungary)
T. Major (Hungary)

Discussion

17:15 - 18:15  General Assembly of the ESC
Room B (members only)
<table>
<thead>
<tr>
<th>Time</th>
<th>Room A</th>
<th>Room B</th>
<th>Room C</th>
<th>Room D</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 - 09:00</td>
<td>Quality of services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Intro by J. Bitzer (guidelines, standards of care, …)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>09:00 - 10:00</td>
<td>Quality of services</td>
<td>Clinical practice</td>
<td>Technology &amp; basic science</td>
<td>Session of the Romanian Society of Obst/gyn</td>
</tr>
<tr>
<td></td>
<td>Congress session</td>
<td>Congress session</td>
<td>Congress session</td>
<td>(in English)</td>
</tr>
<tr>
<td></td>
<td>Components of quality</td>
<td>Life course approach</td>
<td>Permanent contraception</td>
<td></td>
</tr>
<tr>
<td>10:00 - 10:30</td>
<td>Break and poster viewing (6 poster presentations)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 - 12:00</td>
<td>Clinical practice</td>
<td>Clinical practice</td>
<td>Joint session ESC - EHF</td>
<td>European Headache Federation</td>
</tr>
<tr>
<td></td>
<td>Congress session</td>
<td>Congress session</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>IUD</td>
<td>Transgender health care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00 - 13:30</td>
<td>Lunch and poster viewing (12 poster presentations)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 - 13:30</td>
<td>Expert Group session</td>
<td>Mithra Symposium</td>
<td>Joint session ESC UNFPA EERH</td>
<td>Joint session ESC ISGE</td>
</tr>
<tr>
<td></td>
<td>Non-hormonal methods of contraception</td>
<td></td>
<td>Eastern Europe</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13:30 - 15:00</td>
<td>Clinical practice</td>
<td>Late breaking news in Contraception</td>
<td>Culture &amp; Policies</td>
<td>Granted projects</td>
</tr>
<tr>
<td></td>
<td>Congress session</td>
<td></td>
<td>Congress session</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Life course approach: adolescents</td>
<td></td>
<td>Contraception and mental and sexual health</td>
<td></td>
</tr>
<tr>
<td>15:00 - 15:30</td>
<td>Break and poster viewing (no presentations)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15:30 - 17:00</td>
<td>Culture &amp; Policies</td>
<td>Joint session ESC FSRH</td>
<td>Joint session WHO IPPF</td>
<td>Joint session SEG</td>
</tr>
<tr>
<td></td>
<td>Congress session (Joint ESC WHO)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17:00 - 18:00</td>
<td>Quality of services</td>
<td>Expert group session</td>
<td>Joint session EBCOG</td>
<td>12th Meeting of the Diczfalusy Foundation</td>
</tr>
<tr>
<td></td>
<td>Congress session</td>
<td>Sexual education</td>
<td></td>
<td>(17:00 - 18:30)</td>
</tr>
<tr>
<td></td>
<td>The web and social media</td>
<td>Gender and sexual health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>08:30 - 09:00</td>
<td>Keynote Lecture - Quality of services</td>
<td>Quality of services</td>
<td>Chirz: D. O’Neill (Ireland), R. Póka (Hungary)</td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>Session</td>
<td>Location</td>
<td>Details</td>
<td></td>
</tr>
<tr>
<td>--------------</td>
<td>-------------------------------------</td>
<td>----------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
</tbody>
</table>
| 09:00 - 10:00| Congress session - Quality of services | Room A   | Components of quality: training, service delivery and research  
|              |                                     |          | Chairs: D. O’Neill (Ireland), R. Póka (Hungary)  
|              |                                     |          | Education and training across Europe  
|              |                                     |          | Models of Care example UK  
|              |                                     |          | Indicators and Research  
|              |                                     |          | Developing a contraceptive counselling online learning course  
|              |                                     |          | K. Sedlevec (Serbia)  
|              |                                     |          | Asha Kasliwal (UK)  
|              |                                     |          | M. Festin (WHO)  
|              |                                     |          | P. Baraitser (UK)  
| 09:00 - 10:00| Congress session - Clinical practice | Room B   | Life course approach  
|              |                                     |          | Postpartum and postabortion  
|              |                                     |          | Chairs: S. Cameron (UK), A. Keresztüri (Hungary)  
|              |                                     |          | Post partum contraception  
|              |                                     |          | Post abortion contraception  
|              |                                     |          | J. Brynhildsen (Sweden)  
|              |                                     |          | O. Heikinranta (Finland)  
|              |                                     |          | P. Moure (France)  
| 09:00 - 10:00| Congress session - Technology & basic science | Room C   | Permanent contraception  
|              |                                     |          | Chairs: I. Sziller (Hungary), P. Lobo (Spain)  
|              |                                     |          | Male sterilisation as an alternative and contribution  
|              |                                     |          | Should we still perform tubal ligation instead of salpingectomy at the time of female sterilization?  
|              |                                     |          | F. Roumen (the Netherlands)  
|              |                                     |          | R. Venturella (Italy)  
|              |                                     |          | R. Mogeni (Kenya)  
| 09:00 - 10:00| Session of the Romanian Society of Obst/gyn (in English) | Room D   | Romanian crossroads in contraception  
|              |                                     |          | Chairs: M. Cirstoiu (Romania), M. Craina (Romania)  
|              |                                     |          | Family planning and contraception in Romania. 27 years of experience: results and challenges.  
|              |                                     |          | Current trends and good medical practice in reproduction and contraception for fertile age women  
|              |                                     |          | Education for a healthy reproduction behavior in teenagers  
|              |                                     |          | M. Horga (Romania)  
|              |                                     |          | N. Suciu (Romania)  
|              |                                     |          | M. Cirstoiu (Romania)  
| 10:30 - 12:00| Congress session - Clinical practice | Room A   | IUD  
|              |                                     |          | Chairs: G. Bartfai (Hungary), E. Deligeorgiou (Greece), G. Gyarmati (Hungary)  
|
The Intrauterine ball and Gynefix Are they superior to T-shaped 3. Generation copper devices?

A. Ber (Israel)

Potential problems and concerns about IUD insertion associated with high risk HPV and HIV infection

Length of endometrial cavity and other risk factors for IUD displacement, expulsion and reexpulsion

I. Lete Lasa (Spain)

FC-22 Culture- and PCR–based detection of BV associated bacteria in the biofilm of removed IUDs

M. Szucs (Hungary)

FC-23 Dimensional analysis of the endometrial cavity: how many dimensions should the ideal intrauterine device or system have?

N. Goldstuck (South Africa)

10:30 - 12:00 Congress session - Clinical practice
Room C

Transgender health care

Chairs: T. Bombas (Portugal), K. Haldre (Estonia)

Principles of transgender care, samples of best practices in Europe and how reproductive/sexual health care providers might contribute

P. De Sutter (Belgium)

Dilemmas in transgender health care with special focus on the very young and very old

M. van Trotsenburg (Austria)

Gynaecological aspects of the follow-up of transgender patients

S. Weyers (Belgium)

Fake news and contraception: mis- and disinformation concerning contraception in the internet and social media

D. Seidman (Israel)

Adolescent girls need for improved sexual education in Hungary

A. Varga-Tóth (Hungary)

Menstrual and hormonal Migraines / Risks and benefits associated with use of hormonal contraceptives

Chairs: G. Merki (Switzerland), P. Martelletti (Italy)

How to diagnose tension-type headache, migraine and mensturally-related migraine

P. Martelletti (Italy)

Cardiovascular risks associated with migraine and use of combined hormonal contraception (and multiplication of risks with smoking, hypertension, use of combined hormonal contraceptives)

L. Vécsei (Hungary)

Progestin-only contraception and beneficial effects on migraine

G. Merki (Switzerland)

Combined hormonal contraception and migraine, WHO and EHF/ESCRH criteria and balancing risks and benefit

S. Sacco (Italy)

12:30 - 13:30 Expert Group session
Room A

Problems with IUDs

Expert Group on Non-hormonal methods of contraception
12:30 - 13:30  Sponsored Symposium

Room B

Estetrol (E4) development update: a new horizon in women health?
Chair: J.M. Foidart (Belgium)

E4 perspectives for the clinic
Clinical impact of DRSP / Estetrol combination on hemostasis
D. Mansour (UK)  J. Rosing (the Netherlands)

12:30 - 13:30  Joint session ESC - UNFPA - EEIRH

Room C

“Choices, not Chances” – UNFPA support to achieve universal access to family planning in EECA countries
The Virtual Contraceptive Consultation (ViC) online platform: developing capacity for evidence-based and rights-based family planning in Eastern Europe and Central Asia
ESC activities in Eastern European countries
T. Khomasuridze (UNFPA)  M. Horga (EEIRH)  G. Merki (Switzerland)

12:30 - 13:30  Joint session ESC - ISGE

Room D

Menopausal transition: a period where COC and androgens can have a major role
COC’s up to the age of Menopause ?
Do OHS help mood an sexual well-being before menopause transition ?
Androgens deficiency and menopause transition: DHEA therapy
M. Birkhaeuser (Switzerland)  R. Nappi (Italy)  A.R. Genazzani (Italy)

12:30 - 13:30  Meet the expert session 4

VIP III-room

Treatment of bleeding problems, progestin only contraception
Moderators: F. Palma (Portugal), M. Abel (Estonia)

Learning objectives: know the more frequent patterns of bleeding from the several progestin only methods, decide who and how to treat if it’s necessary, counseling, provide better satisfaction with the progestin only methods.

12:30 - 13:30  Meet the experts session 6

Myths and misconceptions of pill risks
VIP-II room
Max 50 participants
Moderators: A. Mueck (Germany), V. Prilepskaya (Russia)
Cardiovascular risks
A. Mueck (Germany)
Other risks
V. Prilepskaya (Russia)
Interactive discussion about myths and misconceptions of risks
Cases, interactive discussion about
options and best choice of hormonal
contraception, considering labelling and
WHO-MEC

12:30 - 13:30
Meet the expert session 5 - Clinical practice
Foyer of Hall G
Max 50 participants
Endometriosis, migraine, positive family history
Moderators: B. Zilaitiene (Lithuania), G. Grandi (Italy)
The woman with endometriosis requiring effective contraception: how to behave in the different situations during the reproductive lifespan.
Migraine and hormonal contraception: what the clinician may prescribe and what to expect.
Hormonal contraception in women with positive family history for VTE and cancer
G. Grandi (Italy)
G. Epple (Switzerland)
B. Zilaitiene (Lithuania)

13:30 - 15:00
Congress session - Clinical practice
Room A
Life course approach
Adolescents
Chairs: G. Creatsas (Greece), L. Párducz (Hungary), C. Brădeanu (Romania)
Adolescent gynaecology made simple
J. Dickson (UK)
LARC for adolescents
D. Apter (Finland)
Sexuality education
K. Haldre (Estonia)
FC-26 Predictors of Unscheduled Spotting and Bleeding in Women using Oral Drosiprenone 4.0 mg for Contraception
D. Archer (USA)
FC-27 Comics for contraception education in young adults: results from a quasi-experimental study
A. Sridhar (USA)

13:30 - 15:00
Late breaking news
Room B
Chairs: G. Merki (Switzerland), M. Zizckower (Israel), H. Missey Kolb (France)
30'
New developments in LNG-IUS: The small 5-year low-dose levonorgestrel device (LNG-IUS 12): Clarification of the role in comparison to the LNG-IUS 20
A. Nelson (USA)
10'
New drospirenone only pill: Phase III trial results comparing Desogestrel 75 mcg Vs Drospirenone 4mg
A. Kubba (UK)
25'
Is there an evidence for negative effects of hormonal contraceptives on mood
G. Merki (Switzerland)
25'
What women want and what they get - patients and gynecologists views on contraceptive counselling
J. Bitzer (Switzerland)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:30 - 15:00</td>
<td>Congress session - Culture &amp; Policies</td>
</tr>
<tr>
<td></td>
<td>Chairs: N. Ács (Hungary), L. Erofeeva (Russia), E. Cengic (Bosnia &amp; Herzegovina)</td>
</tr>
<tr>
<td></td>
<td>Epidemiological data on contraception and mental health</td>
</tr>
<tr>
<td></td>
<td>Prospective placebo controlled trials on COC and impact on sexual and mental health</td>
</tr>
<tr>
<td></td>
<td>Society and impact of contraception on sexual and mental health</td>
</tr>
<tr>
<td></td>
<td>Öjvind Lidegaard (Denmark)</td>
</tr>
<tr>
<td></td>
<td>I. Sundström Poromaa (Sweden)</td>
</tr>
<tr>
<td></td>
<td>C. Fiala (Austria)</td>
</tr>
<tr>
<td></td>
<td>FC-28 A retrospective multicenter study on the characteristics of women with repeat induced abortions in the Netherlands in 2015.</td>
</tr>
<tr>
<td></td>
<td>S. Kroeze (Netherlands)</td>
</tr>
<tr>
<td></td>
<td>FC-29 Assessment of sexual-reproductive health in women with severe-moderate psychiatric pathology.</td>
</tr>
<tr>
<td></td>
<td>M.A. Obiol (Spain)</td>
</tr>
<tr>
<td>13:30 - 15:00</td>
<td>Granted projects</td>
</tr>
<tr>
<td></td>
<td>Chairs: S. Randall (UK), D. Archer (USA)</td>
</tr>
<tr>
<td></td>
<td>15 min + 5 min Q &amp; A Delivery of audiovisual information on early medical abortion care to women via tablet</td>
</tr>
<tr>
<td></td>
<td>J. Reynolds-Wright (UK)</td>
</tr>
<tr>
<td></td>
<td>15 min + 5 min Q &amp; A Men Speak Out: Engaging Men in Female Genital Mutilation - Prevention in Europe</td>
</tr>
<tr>
<td></td>
<td>F. Richard (Belgium)</td>
</tr>
<tr>
<td></td>
<td>15 min + 5 min Q &amp; A Emergency contraception in Albania: A multi-methods study of awareness, attitudes and practices</td>
</tr>
<tr>
<td></td>
<td>F. Doci (Canada/Albania)</td>
</tr>
<tr>
<td></td>
<td>15 min + 5 min Q &amp; A Prevalence and predictors of intimate partner violence &amp; sexual victims and related psychiatric consequence- cross sectional study in Romania and Hungary</td>
</tr>
<tr>
<td></td>
<td>M. Vanya (Hungary)</td>
</tr>
<tr>
<td>15:30 - 17:00</td>
<td>Congress session - Culture &amp; Policies</td>
</tr>
<tr>
<td></td>
<td>Chairs: T. Bombas (Portugal), A. Tula - Rijkure (Latvia)</td>
</tr>
<tr>
<td></td>
<td>10 min Overview on the process and outcome on development of the European SRH action plan</td>
</tr>
<tr>
<td></td>
<td>G. Lazdane (WHO)</td>
</tr>
<tr>
<td></td>
<td>15 min Barriers on access to FP and other RH services in Europe: Providers perspective</td>
</tr>
<tr>
<td></td>
<td>T. Bombas (Portugal)</td>
</tr>
<tr>
<td></td>
<td>25 min International and European jurisprudence on reproductive health and rights</td>
</tr>
<tr>
<td></td>
<td>K. Thomasen (Denmark)</td>
</tr>
<tr>
<td></td>
<td>FC-30 What contraceptives to refugee population</td>
</tr>
<tr>
<td></td>
<td>Faysal El Kak (Lebanon)</td>
</tr>
<tr>
<td></td>
<td>FC-31 Pilot Center for Victims of Sexual Violence at Clinic for Gynaecology and Obstetrics - Clinical Center of Vojvodina in Novi Sad</td>
</tr>
<tr>
<td></td>
<td>K. Kršković Pele (Serbia)</td>
</tr>
</tbody>
</table>
15:30 - 17:00 Joint session ESC FSRH
Room B
Evidence based service delivery - using public health and clinical evidence for effectiveness
Chairs: A. Kasliwal (UK), K. Haldre (Estonia)
Using public health evidence to reduce unintended pregnancy
K. Wellings (UK)
Developing evidence-based contraceptive guidance that is useful in practice
S. Hardman (UK)
European guideline development or reporting adverse events to help support future guidance
K. Gersak (Slovenia)

15:30 - 17:00 Joint session WHO IPPF
Room C
From evidence to guidance to action in contraception
Chairs: G. Merki (Switzerland), G. Raven (Netherlands)
15:30 - 15:50 Risk of STIs and use of hormonal contraception – a review of the literature
M. Festin (WHO)
15:50 - 16:10 The WHO Selected Practices Recommendations for contraceptive use 3rd edition 2016
M.L. Gaffield (WHO)
16:10 - 16:50 App instant messaging to increase acceptability of effective contraception among young people in Tajikistan: results from a randomised controlled trial
Ona McCarthy (UK), Ravshan Tohirov (Tajikistan)

15:30 - 17:00 Joint session ESC - SEG
Room D
Gynecological endocrinology and contraception
Chairs: R. Sitruk Ware (USA), D. Pavicic Baldani (Croatia)
PCO - enigma and challenge
S. Skouby (Denmark)
How to understand the action of COCs on the brain
A. Genazzani (Italy)
Male contraception - endocrine concepts
C. Wang (USA)

17:00 - 18:00 Congress session - Quality of services
Room A
The web and social media
Chairs: A. Kubba (UK), M. Lech (Poland)
Social media: friend or foe?
J. Dickson (UK)
Web based sexual health education
P. Baraister (UK)
Web based contraception- virtual clinics
T. van Every (UK)
Providing telemedicine abortion care in Poland: An analysis of 18 months of service delivery through Women Help
A. Foster (Canada)

17:00 - 18:00 Expert Group session
Room B
Expert Group on Sexual Medicine and Sex Education
Gender and sexual health
Chairs: D. Apter (Finland), O. Loeber (the Netherlands), J. Bódis (Hungary)
Influence of gender on sexual behaviour
F. Mehmedovic (Bosnia & Herzegovina)
Contraceptive choices for specific social groups
K. Sedlecky (Serbia) and T. Bombas (Portugal)
### Joint session ESC - EBCOG

**Room C**

**17:00 - 18:00**

Collaboration in Sexual and Reproductive Health education: EBCOG and ESC

- EBCOG Standards of Care in SRH  
  T. Mahmood (UK)
- Challenges of Contraception Provision in E/ECA Region to address J. Bitzer (Switzerland)
- Capacity building in E/ECA Region to address J. Bitzer (Switzerland)
- Quality assurance of Future Specialists in SRH in Europe  
  R. Kirschner (Norway)

### Joint session ESC - EBCOG

**Room D**

**17:00 - 18:30**

12th Meeting of the Diczfalusy Foundation

- Greetings  
  G. Telegdy (Hungary), G. Bártfai (Hungary)
- Tomas Rabe’s laudation  
  M. Craina (Romania)
- Acceptance speech: Treatment of the uterine T. Rabe (Germany)
- Hand over the Statue
- Young Scientist’s laudation  
  A. Vejnovic (Serbia)
- Acceptance speech by the Awardee
- Keynote lecture: Contraception in adolescence  
  G. Benagiano (Italy)
- Discussion
- Report of the Young Diczfalusy Fellows  
  A. Vejnovic (Serbia)

---

**Saturday 12 May 2018**

<table>
<thead>
<tr>
<th>Room B</th>
<th>Room C</th>
</tr>
</thead>
</table>
| 08:30 - 09:00 | **General/other**
| | History of birth control  
| | J.J. Amy (Belgium)
| 09:00 - 10:00 | **Clinical practice**
| | Congress Session
| | New developments
| 10:00 - 10:30 | **Break and poster viewing**
| 10:30 - 12:00 | **Expert group session**
| | Future of Hormonal and Molecular Contraception  
| | Cancer
| 12:00 - 13:00 | **Closing session**
08:30 - 10:00 Session 1

- 20’ Challenges and solutions in gradual medical education  
  F. Bari (Hungary)
- 20’ "Driving licence" for the delivery ward – how to become a good obstetrician  
  D. Bettelheim (Austria)
- 20’ Paradigm shift in the practical education of gynaecology  
  J. Bódis (Hungary)
- 20’ The resident’s view on the current practical education and the vision of the future  
  C. Furau (Romania)

10’ Discussion

10:00 - 10:15 Break

10:15 - 11:55 Session 2

- 10:15 Diagnosis and Medical management of Heavy Menstrual Bleeding  
  D. Archer (USA)
- 10:35 Spermatogenesis without testosterone  
  I. Huhtaniemi (Finland)
- 10:55 Ovarian Ageing  
  A. Mirovica Jovanovic (Serbia)
- 11:15 Current trends in the diagnostic and operative laparoscopy  
  G. Németh (Hungary)

11:35 Discussion

11:45 Poster session (Presentation of the 1 or 2 best posters)

11:55 - 12:00 Closing  
  T. Vejnovic (Serbia), G. Bártfai (Hungary)
20' Hormonal contraception after breast cancer A. Gompel (France)
20' Endometrial cancer and contraception A. Mueck (Germany)
20' Contraception after non-gynecological canx A. Cagnacci (Italy)
30' Discussion

12:00 - 13:00 Closing Session
Chairs: G. Bartfai (Hungary), G. Merki (Switzerland), M. Short (Ireland)

12:00 – 12:05 Presentation of the new ESC Executive Committee
12:05 – 12:30 Congress take-home messages G. Bartfai (Hungary), G. Merki (Switzerland)
12:30 – 12:50 Award Ceremony
  • Best free communication
  • Young Scientist award
  • Best Poster
  • Public Poster Award
12:50 – 13:00 Invitation 16th ESC Congress 2020, Dublin M. Short (Ireland)