



**15TH CONGRESS OF THE EUROPEAN SOCIETY
OF CONTRACEPTION AND REPRODUCTIVE HEALTH**

**Family planning and contraception
from adolescence to the menopause**

**BUDAPEST, HUNGARY, 9 - 12 MAY 2018
WWW.ESCRH.EU**



SECOND ANNOUNCEMENT

Dates to remember

- 15 March 2018 Second deadline for early registration fee
- 9 May 2018 Pre-congress workshops
- 9 May 2018 Opening ceremony and welcome reception
- 10 - 12 May 2018 Congress days
- 10 May 2018 ESC General Assembly
- 11 May 2018 Congress dinner

Venue

HungEXpo
Albertirsai út 10.
H-1101 Budapest
Hungary
Website: hungexpo.hu/en

Contact

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Congress website

www.escrh.eu/15th-esc-congress

Welcome

Dear Colleagues, Guests and Friends,

It is a great pleasure to invite you to the 15th Congress of the European Society of Contraception and Reproductive Health in Budapest in May 2018.

We are delighted that our Society has organised this important 15th anniversary event in the capital city of Hungary.

The title of the congress ‘Family planning and contraception from adolescence to the menopause’ highlights that we will deal with numerous issues relating to the reproductive health of all. It is the ESC’s aim to provide a platform for introducing and exchanging the latest scientific and sociologic knowledge in the field of reproductive health. Improving and sharing our knowledge can facilitate providing the most suitable, safe and effective healthcare. The Congress will provide an excellent opportunity for researchers, clinicians and other professionals to extend their knowledge and meet with international experts in this field. The programme has been divided into sessions on: technology & basic science, clinical practice, culture & policies, quality of services and general/ other. In addition, there will be “Meet the Expert sessions”, “Expert Group sessions” and “Joint Society sessions”, which allow deeper discussion of special topics in smaller groups.

Budapest is often regarded as one of Europe’s most beautiful cities. This attractive and vibrant city has all the ingredients to make the Congress a joyful and memorable event. You can find historical monuments from Roman times to modern, broad boulevards which are decorated by grand, Art-Nouveau mansions.

Budapest has three UNESCO World Heritage sites, a wide range of cultural programmes and museums as well as the rejuvenating experience of beautiful health spas. Colourfully decorated churches, lively cafés and world-class music venues as well as friendly people, genuine hospitality and unique Hungarian gastronomy combine to make your stay memorable.

We hope that the exciting scientific programme and the fascinating host city will convince you to join this Congress.

We look forward to welcoming you to Budapest in May 2018.

Prof. Dr. György Bártfai
Congress President

Prof. Dr. Gabriele Merki
President of the ESC

ORGANISATION

The Congress is organised by The European Society of Contraception and Reproductive Health (ESC)

Congress President

Prof. Dr. György Bartfai

Congress Secretariat

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Hosting Society

Hungarian Society of Obstetrics
and Gynaecology

Supporting Society

Pro Familia Hungarian
Scientific Society

Local Organising Committee

- Ács Nándor
- Bánhidyi Ferenc
- Bartfai George, Congress President
- Bódis József
- Németh Gábor
- Póka Róbert
- Rigó János

ESC Executive Committee

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www.escrh.eu/about-esc/committees/board

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- Lertxundi Barañano R., Spain
- Lobo P., Spain
- Mueck A., Germany
- Raine S., UK
- Randall S., UK
- Roumen F., The Netherlands
- Sedlecky K., Serbia
- Serfaty D., France
- Short M., Ireland

PRACTICAL INFORMATION

Opening hours of the registration desk

- Wednesday 9 May: 12:00-18:00
- Thursday 10 May: 08:00-18:00
- Friday 11 May: 08:30-16:00
- Saturday 12 May: 08:30-12:00

Badges

Conference badges should be worn by all participants at all times during the conference and while visiting the exhibition area. No badge, no entry.

Climate

In May the temperature will begin to warm up and get sunnier. However, frequent overcast skies keep the temperatures at moderate levels. The average daily temperature is 16°C.

CME Credits

The 15th ESC Congress has been accredited by the European Accreditation Council for Continuing Medical Education (EAC-CME®) for a maximum of 20 European CME credits.

Currency & credit cards

The currency in Hungary is the Forint (1.00 EUR = +- 312 HUF). All conference fees and rates are charged in Euro only.

Electricity

The electric current used throughout Hungary is 230 volts AC, 50 cycles (continental European standard).

Insurance, liability

ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.

Language

The congress language is English.

Local time

Hungary is part of the Central European Time Zone (CET) +2.

Lunches

Lunch can be ordered through the registration form at 20 euro per day for Thursday (10 May) and Friday (11 May).

Tipping

Normally 10-15% is customary in taxis, restaurants and bars.

TRAVEL

How to get there?

By car

All Hungary's motorways and most of the main roads radiate from the capital. The M1 connects Budapest with Vienna, M7 connects Budapest with Zagreb, M5 connects Budapest with Belgrade, M3 connects Budapest with Ukraine and the eastern parts.

By train

More than 30 trains a day provide direct links between Budapest and no fewer than 25 other European cities. Trains to Vienna run every three hours. International trains operate from the three largest stations: Keleti (Eastern), Nyugati (Western), Déli (Southern).

By plane

Hungary's international airport is Liszt Ferenc International Airport Budapest with two terminals: Schengen flights arrive at Terminal 2A. Flights beyond Schengen arrive at Terminal 2B. Liszt Ferenc International Airport Budapest located in the "Ferihegy" part of Budapest is 16 km south-east from the city centre and about 15 km, about 20 minutes from the venue HUNGEXPO.

- By public transport: Budapest Airport is relatively well accessible also by public transportation means. Passengers are taken by a direct bus service from the Terminals, called the Bus 100E to Astoria where by the red line (M2) the passengers can arrive to Órs Vezér Tere metro station, then change to Bus 10 which stops at Hungexpo. Bus 10 is passing on a round way from Órs Vezér Tere metro station (via Metro Line2- red line) around HUNGEXPO and basically stops at each gate. This transportation solution is operated by the Centre for Budapest Transport. Another option is Bus 200E to Kőbánya-Kispest metro terminal. By the 'blue' (M3) metro the passengers can reach Deák square in the city center in 20 minutes.
- By taxi: Reservations can be made in person at the taxi company's booths located at the exit at Terminal 2A and Terminal 2B terminals. At the taxi rank in front of the stands taxis are parking continuously waiting for passengers. All cars are equipped with POS terminal, therefore passengers can pay with credit card as well. The taxi company uses fixed rates to transport passengers between Airport – Budapest and Budapest – Airport. The rates are fixed according to the different districts of Budapest and are about 14-25 euro (incl. VAT).

HOTEL ACCOMMODATION

HBL Travel - Contact person: Ms Elica Winchester
Tel: +36 70 335 2425 - elica.winchester@hbltravel.hu

SCIENTIFIC PROGRAMME

Update: www.eschr.eu/scientific-programme-budapest

Sessions

- Pre-congress workshops
- Keynote lectures are plenary sessions. Leading experts will present specific subjects.
- Congress sessions: in each of these sessions, experts will provide up to date information on a particular topic. A selection of the submitted free communications will be scheduled into congress sessions.
- Symposia will be the platform for the pharmaceutical companies.
- Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.
- A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at Fellows and Ph.D. students and the only inclusion criterion is the age, <35 years.
- Joint society sessions will discuss a specific item within their area of interest.
- Meet the expert sessions
- Expert group sessions are organised by the ESC expert groups.

Pre-congress workshops

Full information: www.eschr.eu/pre-congress-workshops-budapest

Wednesday, 9 May 2018

1. Let us talk about sexuality and sexual health (15:00 - 17:30)
2. Hands-on IUDs and implants (international participants) (15:00 - 16:15)
3. Hands-on IUDs and implants (Hungarian participants) (16:15 - 17:45)
4. How to design & perform a study / enhance your grant application / meet regulatory approval (15:00 - 16:30)
5. How to organise, write and read a paper (16:45 - 17:30)
6. Practice of medical abortion (15:00 - 16:30)
7. How to review a manuscript (16:45 - 17:30)
8. Contraception - mission impossible? Red flags WHO MEC 4 (15:00 - 16:00)
9. Essure insertion follow up (16:15 - 17:15)
10. How to prevent and minimise contraceptive failure - the psychosomatic perspective and approach (15:00 - 17:30)

Congress dinner, 11 May 2018

The 15th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues.

12th Meeting of the Diczfalusy Foundation

The 12th Meeting of the Diczfalusy Foundation is integrated in the program of the 15th ESC Congress on:

- Friday 11 May 2018, 17:00 - 18:30
- Saturday 12 May 2018, 08:30 - 12:00

There will be no registration fee for participants attending the Meeting of the Diczfalusy Foundation only. However, registration is needed through the congress registration form for practical reasons.

Abbreviations

- CIC: Confederación Iberoamericana de Contracepción
- EBCOG: European Board and College of Obstetrics and Gynaecology
- EEIRH: East European Institute for Reproductive Health
- EHF: European Headache Federation
- FSRH: Faculty of Sexual and Reproductive Healthcare
- ICMC: International Consortium for Male Contraception
- IPPF: International Planned Parenthood Federation
- ISPOG: International Society of Psychosomatic Obstetrics and Gynaecology
- SEG: European Society of Gynecology
- UNFPA: United Nations Population Fund
- WHO: World Health Organization
- KL: Keynote lecture
- CONSES: Congress session
- JOINSES: Joint session
- EGSES: Expert Group session
- SOCSES: Society session
- SPOSY: Sponsored symposium
- MTE: Meet the expert session

Wednesday, 9 May 2018

15:00 - 17:45 Pre-congress workshops (more details page 7)

18:00 - 19:15 Opening Ceremony

Thursday, 10 May 2018

08:30 - 09:00	Technology & basic science				
09:00 - 10:00	Technology & basic science Congress session From bench-to-bed-to the hand of women	Technology & basic science Joint session ESC - ICMC Male contraception	Expert Group session: EG on STI How to reach and inform women about STIs in the different age groups	Session of the French-speaking Society of Contraception (in English)	
10:00 - 10:30	Break and poster viewing (6 poster presentations)				
10:30 - 12:00	Clinical practice Congress session Life course approach: Contraception in the perimenopause	Sponsored Symposium		General/other Congress session Economics and epidemiology of contraception	Culture & Policies Congress session Culture and religion
12:00 - 13:45	Lunch and poster viewing (12 poster presentations)				
12:15 - 13:45 LUNCHTIME	Sponsored Symposium	Meet the Experts Treatment of side effects of contraception	Meet the Experts How to select the optimal Levonorgestrel-releasing IUS	Meet the Experts Clinical practice Workshop: Clinical cases	Joint session ESC ISPOG
13:45 - 15:15	Clinical practice Congress session Gynaecological disorders	Expert Group session Joint session ESC Expert group on abortion and FIAPAC	Free communications Young scientists	Joint session ESC - CIC	
15:15 - 15:45	Break and poster viewing (6 poster presentations)				
15:45 - 17:15	Sponsored Symposium	Clinical practice Congress session Systemic medical conditions	Technology & basic science Congress session Emergency contraception	Session of the Hungarian Society of Obst/gyn (in English)	
17:15 - 18:15	ESC General Assembly (members only)				

Friday, 11 May 2018

08:30 - 09:00	Quality of services				
09:00 - 10:00	Quality of services Congress session Components of quality	Clinical practice Congress session Life course approach Postpartum and postabortum	Technology & basic science Congress session Permanent contraception	Session of the Romanian Society of Obst/gyn (in English)	
10:00 - 10:30	Break and poster viewing (6 poster presentations)				
10:30 - 12:00	Sponsored Symposium	Clinical practice Congress session IUD	Clinical practice Congress session Transgender health care	Joint session ESC - EHF European Headache Federation	
12:00 - 13:45	Lunch and poster viewing (12 poster presentations)				
12:30 - 13:30 LUNCHTIME	Expert Group session Non-hormonal methods of contraception	Meet the Experts Treatment of bleeding problems, progestine only contraception	Meet the Experts Myths and misconceptions re pill risks	Meet the Experts Clinical practice: endometriosis, migraine, positive family history	Joint Session ESC - UNFPA - EEIRH
13:30 - 15:00	Clinical practice Congress session Life course approach: adolescents	Late breaking news in Contraception	Culture & Policies Congress session Contraception and mental and sexual health	Granted projects	
15:00 - 15:30	Break and poster viewing				
15:30 - 17:00	Culture & Policies Congress session Joint ESC WHO Human rights (HR) and FP & RH	Joint session ESC FSRH Evidence based service delivery - using public health and clinical evidence for effectiveness	Joint session WHO IPPF From evidence to guidance to action in contraception	Joint session SEG Gynecological endocrinology and contraception	
17:00 - 18:00	Quality of services Congress session The web and social media	Expert group session Sexual education Gender and sexual health	Joint session EBCOG Collaboration in Sexual and Reproductive Health education	12th Meeting of the Diczfalusy Foundation (17:00 - 18:30)	

Saturday 12 May 2018

08:30 - 09:00	General/other History of birth control	12th Meeting of the Diczfalusy Foundation
09:00 - 10:00	Clinical practice Congress session New developments	
10:00 - 10:30	Break and poster viewing	Break and poster viewing
10:30 - 12:00	Expert group session Future of Hormonal and Molecular Contraception Cancer	12th Meeting of the Diczfalusy Foundation
12:00 - 13:00	Closing ceremony	

SCIENTIFIC PROGRAMME

WEDNESDAY, 9 MAY 2018

- 15:00 - 17:45 Pre-congress workshops (more details page 7)
18:00 - 19:15 Opening ceremony / welcome address / medal ceremony
19:15 - 20:15 Welcome reception

THURSDAY, 10 MAY 2018

- 08:30 - 09:00 KL01 Technology & basic science: introduction and overview
• K. Gemzell Danielsson (Sweden)
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- 09:00 - 10:00 CONSES 01 Technology & basic science: From bench-to bed-to the hand of women
• New delivery systems in contraception • R. Sitruk Ware (USA)
• Moving from EE to E2 and E4 • J.M. Foidart (Belgium)
• An update on progesterone receptor modulators for contraception • Ph. Bouchard (France)
• Free communication

- 09:00 - 10:00 JOINSES 01 Technology & basic science: ESC - ICMC: Male contraception
Chairs: G. Merki (Switzerland) • D. Serfaty (France)
• Introduction: activities of the ICMC • D. Serfaty (France)
• Combined injection NETE+TU for male contraception • M. Festin (WHO)
• The male pill • D. Blithe (USA)
• Combined nesterone+testosterone gel and patch for male contraception • C. Wang (USA)

- 09:00 - 10:00 EGSES 01 Expert Group on STI: How to inform and reach women about STI in the different age groups
Chairs: M. Merckx (Belgium) • P. Greenhouse (UK)
• Communication about sexuality in adolescence • S. Reuter (UK)
• Issues around STI and sexual abuse • G. Donders (Belgium)
• Can online sexual health services work? • P. Baraitser (UK)

- 09:00 - 10:00 **SOCSES 01 Session of the French-speaking Society of Contraception (in English)**
Chairs: B. Thieba-Bonane (Burkina-Faso) • D. Serfaty (France) • H.Chelli (Tunisia) • M. Bouzekrini (Algeria) • M. Yacoubi (Morocco)
- Hormonophobia and contraception. How can we react? • J. Bitzer (Switzerland)
 - Humour: a disposition of mind or feeling. It also applies to contraception • J.J. Amy (Belgium)
 - Contraception in overweight and obese women • D. Serfaty (France)
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- 10:00 - 10:30 **Break and poster viewing (6 poster presentations)**
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- 10:30 - 12:00 **CONSES 02 Clinical practice: Life course approach - Contraception in the perimenopause**
Chairs: G. Merki (Switzerland) • G. Grebennikova (Kazakhstan)
- Safety of estradiol containing combined hormonal contraceptives in perimenopausal women • A. Gompel (France)
 - Mental disorders during perimenopause and comorbid sexual dysfunction • C. Soares (Canada)
 - When to stop contraception: how to identify menopause in POP and CHC users • C. Kreutzer (Romania)
 - Free Communications
- 10:30 - 12:00 **SPOSY 01 Sponsored Symposium**
- 10:30 - 12:00 **CONSES 03 General/other: Economics and Epidemiology of Contraception**
- The economic benefits of meeting unmet need for contraception • J. Trussell (USA)
 - Contraceptive reimbursements different policies within Europe: where is the evidence? • M. Oliveira da Silva (Portugal)
 - Challenges in contraceptive epidemiology • H. de Barros (Portugal)
 - Free Communications
- 10:30 - 12:00 **CONSES 04 Culture & Policies: Culture and religion**
Chair: S. Ozalp (Turkey)
- Gynaecological health care in immigrants (incl contraception) • S. Kalantaridou (Greece)
 - Cultural diversity of sexuality education in Europe • G. Lazdane (WHO)
 - Contraception and aboriginal culture: lessons from across Australia • D. Bateson (Australia)
 - Free Communications

- 12:00 - 13:45 Lunch and poster viewing (12 poster presentations)
- 12:15 - 13:45 SPOSY 02 Sponsored Symposium
- 12:45 - 13:45 **MTE 01 Treatment of side effects of contraception (Max 25 participants)**
 Coordinators: F. Roumen (the Netherlands) • G. Merki (Switzerland)
 Interactive memory game and slide presentation on the treatment of common side effects of combined hormonal contraception (irregular bleeding, headache, weight gain, nausea, skin changes, breast tenderness, vaginal complaints, libido loss and mood changes)
- 12:45 - 13:45 **MTE 02 How to select the optimal levonorgestrel-releasing IUS (LNG-IUS)? (Max 50 participants)**
 Moderators: D. Mansour (UK) • A. Godinho-Lourenco (Switzerland)
 This is a workshop to help clinicians select the optimal levonorgestrel-releasing intrauterine system to meet the needs of their patients. It will be interactive using case-based discussion to help the group reach a consensus about which device is ideal for different groups of woman, if these devices result in differing fitting and post-fitting pelvic pain, the differences in progestogen side effects experienced by women using these devices, the benefits on cycle control, heavy menstrual bleeding and dysmenorrhoea with these different devices and their use in perimenopausal contraception and endometrial protection.
- 12:45 - 13:45 **MTE 03 Clinical practice: Clinical cases (Max 50 participants)**
 Moderators: K. Sedlecky (Serbia) • F. Mehmedovic (Bosnia & Herzegovina) • A. Kapamadžija (Serbia)
- Participants might expect to increase their understanding of medical and social factors that influence a contraceptive choice in different life-stages.
 - Short presentations on the main characteristics of each reproductive stage (adolescence, middle age, over 40s)
 - Presentation will include psycho-social factors (social/cultural determinants) that are influencing choices
 - Case studies and moderated discussion
- 12:45 - 13:45 **JOINSES 02 ESC - ISPOG: Good peri-abortion care from a bio-psycho-social perspective**
 Chairs: V. Pramataroff (Germany) • S. Tschudin (Switzerland)
- Peri-abortion care: When is it too much and when too little? • S. Tschudin (Switzerland)
 - What are women's emotional needs? - Evidence and practice • H. Rowe (Australia)
 - Peri-abortion counselling and care in case of congenital anomalies and chromosomal abnormalities • M. Paarlberg (the Netherlands)

13:45 - 15:15 CONSES 05 Clinical practice: Gynaecological disorders

- PCOS • S. Skouby (Denmark)
- PMS • T. Bäckström (Sweden)
- Adenomyosis: a challenging condition from adolescence till the menopause • M. Correa Rancel (Spain)
- Free Communications

13:45 - 15:15 JOINSES 03 ESC Expert group on abortion and FIAPAC

Chairs: N. Martens (Belgium) • A. Jansen van Hees (the Netherlands)

- Restrictions to access • S. Rowlands (UK)
- Safe options for women • K. Gemzell Danielsson (Sweden)
- Training of providers • S. Cameron (UK)

13:45 - 15:15 FC YS Free Communications: Young scientists

13:45 - 15:15 JOINSES 04 ESC - CIC: Latinamerica, advances and problems

Chairs: I. Ramirez (Spain) • R. Lertxundi (Spain)

- Legislation on contraception and abortion in Latinamerica • L. Ferreira Vicente (Portugal)
- Medical termination of pregnancy in Latinamerica • R. Schiavon (Mexico)
- Iberoamerican Master on Contraception • R. Lertxundi (Spain)

15:15 - 15:45 Break and poster viewing (6 poster presentations)

15:45 - 17:15 SPOSY 03 Sponsored Symposium

15:45 - 17:15 CONSES 06 Clinical practice: Systemic medical conditions - Reproductive Health for young women with long-term illness

- Rheumatology • TBD
- Contraception in obese women • R. Sitruk Ware (USA)
- Contraception, HIV and STI • G.A. Grebennikova (Kazakhstan)
- Autoimmune disease, contraception and reproduction • D. Lazaris (Greece)
- Free Communications

15:45 - 17:15

CONSES 07 Technology & basic science: Emergency contraception

Chair: C. Puig (ECEC)

- Facts and myths around emergency contraception • N. Envall (Sweden)
- Technical and evidence based update • G. Bartfai (Hungary)
- Access to EC: trends in use, persistent challenges and new solutions • K. Cleland (USA)
- Free Communications

15:45 - 17:15

SOCSES 02 Hungarian Society of Obst/gyn: Contraception in Hungary: history, present and future (in English)

Chairs: J. Bódis (Hungary) • N. Ács (Hungary)

- The history of contraception in Hungary • N. Ács (Hungary)
- Current trends in contraception in Hungary • I. Sziller (Hungary)
- Future perspectives in Hungarian contraception • T. Major (Hungary)
- Discussion

17:15 - 18:15

General Assembly of the ESC (members only)

FRIDAY, 11 MAY 2018

- 08:30 - 09:00 KL02 Quality of services: overview about standards of care, content of services, principles of training and possible indicators for evaluation and measurement
- J. Bitzer (Switzerland)
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- 09:00 - 10:00 CONSES 08 Quality of services: Components of quality: training, service delivery and research
- Education and training across Europe • K. Sedlecky (Serbia)
 - Models of Care example UK • A. Kasliwal (UK)
 - Indicators and Research • M. Festin (WHO)
 - Free Communication
- 09:00 - 10:00 CONSES 09 Clinical practice: Life course approach - Postpartum and postabortion
- Chair: S. Cameron (UK)
- Postpartum contraception • J. Brynhildsen (Sweden)
 - Postabortion contraception • O. Heikinheimo (Finland)
 - Free Communication
- 09:00 - 10:00 CONSES 10 Technology & basic science: Permanent contraception
- Male sterilisation as an alternative and contribution • F. Roumen (the Netherlands)
 - Should we still perform tubal ligation instead of salpingectomy at the time of female sterilisation? • R. Venturella (Italy)
 - Free Communication
- 09:00 - 10:00 SOCSSES 03 Romanian Society of Obst/gyn: Romanian crossroads in contraception (in English)
- Chairs: M. Cirstoiu (Romania) • G. Bartfai (Hungary)
- Family planning and contraception in Romania. 27 years of experience: results and challenges • M. Horga (Romania)
 - Current trends and good medical practice in reproduction and contraception for fertile age women • N. Suci (Romania)
 - Education for a healthy reproduction behavior in teenagers • M. Cirstoiu (Romania)

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- 10:00 - 10:30 Break and poster viewing (6 poster presentations)
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- 10:30 - 12:00 SPOSY 04 Sponsored Symposium
- 10:30 - 12:00 CONSES 11 Clinical practice: IUD
Chairs: G. Bartfai (Hungary) • E. Deligeoroglou (Greece)
- The Intrauterine ball and Gynefix Are they superior to T-shaped 3. Generation copper devices? • A. Ber (Israel)
 - High risk HPV infection in users of Copper-releasing and levonorgestrel-releasing IUDs • I. Lete Lasa (Spain)
 - Length of endometrial cavity and other risk factors for IUD displacement, expulsion and reexpulsion • L. Bahamondes (Brazil)
 - Free Communications
- 10:30 - 12:00 CONSES 12 Clinical practice: Transgender health care
Chairs: T. Bombas (Portugal) • K. Haldre (Estonia)
- Principles of transgender care, samples of best practices in Europe and how reproductive/sexual health care providers might contribute • P. De Sutter (Belgium)
 - Dilemmas in transgender health care with special focus on the very young and very old • M. van Trotsenburg (Austria)
 - Gynaecological aspects of the follow-up of transgender patients • S. Weyers (Belgium)
 - Free Communications
- 10:30 - 12:00 JOINSES 05 ESC - EHF: Menstrual and hormonal Migraines / Risks and benefits associated with use of hormonal contraceptives
Chairs: G. Merki (Switzerland) • P. Martelletti (Italy)
- How to diagnose tension-type headache, migraine and menstrually-related migraine • P. Martelletti (Italy)
 - Cardiovascular risks associated with migraine and use of combined hormonal contraception (and multiplication of risks with smoking, hypertension, use of combined hormonal contraceptives) • L. Vécsei (Hungary)
 - Progestin-only contraception and beneficial effects on migraine • G. Merki (Switzerland)
 - Combined hormonal contraception and migraine, WHO and EHF/ESCRH criteria and balancing risks and benefit • S. Sacco (Italy)

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- 12:00 - 13:30 Lunch and poster viewing (12 poster presentations)
- 12:30 - 13:30 **EGSES 02 Expert Group on Non-hormonal methods of contraception: Problems with IUDs**
- New developments in IUDs • D. Hubacher (USA)
 - Typical reasons for removal of Cu releasing and hormone releasing IUDs • L. Bahamondes (Brazil)
 - Natural methods • P. Frank-Hermann (Germany)
- 12:30 - 13:30 **MTE 04 Treatment of bleeding problems, progestin only contraception (Max 40 participants)**
- Moderators: F. Palma (Portugal) • M. Abel (Estonia)
- Who, why and how to treat the bleeding problems • G. Gomes (Portugal)
 - Practical cases with the four progestin only methods : POP, Inj, implants, SIU with bleeding problems • M. Abel (Estonia)
- Learning objectives: know the more frequent patterns of bleeding from the several progestin only methods, decide who and how to treat if it's necessary, counseling, provide better satisfaction with the progestin only methods.
- 12:30 - 13:30 **MTE 05 Myths and misconceptions of pill risks (Max 50 participants)**
- Moderators: A. Mueck (Germany) • V. Prilepskaya (Russia)
- Cardiovascular risks • A. Mueck (Germany)
 - Other risks • V. Prilepskaya (Russia)
- Interactive discussion about myths and misconceptions of risks - "Cases, interactive discussion about options and best choice of hormonal contraception, considering labelling and WHO-MEC"
- 12:30 - 13:30 **MTE 06 Clinical practice: Endometriosis, migraine, positive family history (Max 50 participants)**
- Moderators: B. Zilaitiene (Lithuania) • G. Grandi (Italy)
- The woman with endometriosis requiring effective contraception: how to behave in the different situations during the reproductive lifespan • G. Grandi (Italy)
 - Migraine and hormonal contraception: what the clinician may prescribe and what to expect • G. Eppele (Switzerland)
 - Hormonal contraception in women with positive family history for VTE and cancer • B. Zilaitiene (Lithuania)

12:30 - 13:30

JOINSES 06 ESC UNFPA EEIRH: Eastern Europe

Chairs: T. Khomasuridze (UNFPA) • G. Merki (Switzerland)

- “Choices, not chances” – UNFPA support to achieve universal access to family planning in EECA countries • T. Khomasuridze (UNFPA)
 - The Virtual Contraceptive Consultation (ViC) online platform: developing capacity for evidence-based and rights-based family planning in Eastern Europe and Central Asia • M. Horga (EEIRH)
 - ESC activities in Eastern European countries • G. Merki (Switzerland)
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13:30 - 15:00

CONSES 13 Clinical practice - Life course approach: Adolescents

- Adolescent gynaecology made simple • J. Dickson (UK)
- LARC for adolescents • D. Apter (Finland)
- Sexuality education • K. Haldre (Estonia)
- Free Communications

13:30 - 15:00

Late breaking news

- New developments in LNG-IUS: The small 5-year low-dose levonorgestrel device (LNG-IUS 12). Clarification of the role in comparison to the LNG-IUS 20 • A. Nelson (USA)
- Effect of progestin-only contraceptives on mood • G. Merki (Switzerland)
- What women want and what they get - patients and gynaecologists' views on contraceptive counselling • J. Bitzer (Switzerland)

13:30 - 15:00

CONSES 14 Culture & Policies: Contraception and mental and sexual health

- Epidemiological data on contraception and mental health • Ö. Lidegaard (Denmark)
- Prospective placebo controlled trials on COC and impact on sexual and mental health • I. Sundström Poromaa (Sweden)
- Society and impact of contraception on sexual and mental health • C. Fiala (Austria)
- Free Communications

13:30 - 15:00

Granted projects

Chairs: S. Randall (UK) • D. Archer (USA)

- Delivery of audiovisual information on early medical abortion care to women via tablet • J. Reynolds-Wright (UK)
- Men speak out: engaging men in female genital mutilation - prevention in Europe • F. Richard (Belgium)

- Emergency contraception in Albania: A multi-methods study of awareness, attitudes and practices • F. Doci (Canada/Albania)
- Prevalence and predictors of intimate partner violence & sexual victims and related psychiatric consequence - cross sectional study in Romania and Hungary • M. Vanya (Hungary)

15:00 - 15:30 Break and poster viewing

- 15:30 - 17:00 CONSES 15 Culture & Policies: Human rights (HR) and FP & RH - Joint ESC - WHO
- Overview on the process and outcome on development of the European SRH action plan • G. Lazdane (WHO)
 - Barriers on access to FP and other RH services in Europe: Providers perspective • T. Bombas (Portugal)
 - Access to FP: women's overview (including court cases) • K. Thomasen (Denmark)
 - Free Communications

- 15:30 - 17:00 JOINSES 07 ESC FSRH: Evidence based service delivery - using public health and clinical evidence for effectiveness
- Chairs: A. Kasliwal (UK) • K. Haldre (Estonia)
- Using public health evidence to reduce unintended pregnancy • K. Wellings (UK)
 - Developing evidence-based contraceptive guidance that is useful in practice • S. Hardman (UK)
 - European guideline development or reporting adverse events to help support future guidance • K. Gersak (Slovenia)

- 15:30 - 17:00 JOINSES 08 WHO IPPF: From evidence to guidance to action in contraception
- Risk of STIs and use of hormonal contraception – a review of the literature • M. Festin (WHO)
 - The WHO Selected Practices Recommendations for contraceptive use 3rd edition 2016 • M.L. Gaffield (WHO)
 - App instant messaging to increase acceptability of effective contraception among young people in Tajikistan: results from a randomised controlled trial • O. McCarthy (UK) • R. Tohirov (Tajikistan)

- 15:30 - 17:00 JOINSES 09 ESC - SEG: Gynecological endocrinology and contraception
- Chair: D. Serfaty (France)
- PCO - enigma and challenge • S. Skouby (Denmark)
 - How to understand the action of COCs on the brain • A. Genazzani (Italy)

- Male contraception - endocrine concepts • C. Wang (USA)
-

17:00 - 18:00 CONSES 16 Quality of services: The web and social media

Chair: A. Kubba (UK)

- Social media: friend or foe? • J. Dickson (UK)
- Web based sexual health education • P. Baraister (UK)
- Web based contraception - virtual clinics • T. von Every (UK)
- Free Communication

17:00 - 18:00 EGSES 03 Expert Group on Sexual Medicine and Sex Education: Gender and sexual health

Chairs: D. Apter (Finland) • O. Loeber (the Netherlands)

- Influence of gender on sexual behaviour • F. Mehmedovic (Bosnia & Herzegovina)
 - Contraceptive choices for specific social groups • K. Sedlecky (Serbia) and T. Bombas (Portugal)
 - Screening sexual violence during family planning counselling • A. Kapamadžija (Serbia)
- Discussion

17:00 - 18:00 JOINSES 10 ESC - EBCOG: Collaboration in Sexual and Reproductive Health education: EBCOG and ESC

- EBCOG Standards of Care in SRH • T. Mahmood (UK)
- Challenges of Contraception Provision in EECA Region • T. Khomasuridze (UNFPA)
- Capacity building in EECA Region to address SRH Service Provision • J. Bitzer (Switzerland)
- Quality assurance of Future Specialists in SRH in Europe • R. Kirschner (Norway)

17:00 - 18:30 12th Meeting of the Diczfalusy Foundation

SATURDAY, 12 MAY 2018

08:30 - 09:00 KL03 General/Other: History of birth control
• J.J. Amy (Belgium)

12th Meeting of the Diczfalusy Foundation

09:00 - 10:00 CONSES 17 Clinical practice: New developments
• Vaccination: an update on the global/European HPV programmes and risk of autoimmune conditions • J. Mehlsen (Denmark)
• Chlamydia screening • O. Mårdh (ECDC)
• WHO's response to Zika epidemic • M. Ali (WHO)

10:00 - 10:30 Break

10:30 - 12:00 EGSES 04 Expert Group on Future of Hormonal and Molecular Contraception: Contraception after cancer
Chairs: S. Cameron (UK) • J. Bitzer (Switzerland)
• Hormonal contraception after breast cancer and ovarian cancer • A. Gompel (France)
• Endometrial cancer and contraception • A. Mueck (Germany)
• Contraception after non-gynecological cancers • A. Cagnacci (Italy)
• Discussion

12th Meeting of the Diczfalusy Foundation

12:00 - 12:45 Closing Session

Awards

The award winners will be presented at the Closing Session.

Public Poster Award

The congress participants will be asked to vote for the Best poster.

Oral Free Communication Award

Accepted oral Free Communication abstracts will be integrated into the main sessions. Authors will be advised as to which session their abstract has been allocated. The time limit will be 5 minutes presentation and 2 minutes for questions. Abstracts will be marked using fixed criteria and including keeping to these time limits. Abstracts that have been accepted but for which there is no presentation slot, will be included in the electronic book of abstracts in a separate section. These will not be eligible for the oral free communication award.

Young Scientist Award

Authors wishing to be considered for this award must be the first author and be under 35 years at 9 May 2018. Accepted abstracts will be presented and judged in the Young Scientist session. The time limit will be 10 minutes for presentation and 4 minutes for questions.

Best Poster Award

Accepted poster authors will be asked to make a short presentation at an allocated time during tea/coffee or lunch breaks. They will be advised as to what time slot their abstract has been allocated. This will be an opportunity for the public to discuss the author's work and for marking the Best Poster prize. The time limit will be 10 minutes for presentation and questions.

Sponsored symposia

Thursday 10 May 2018

10:30 - 12:00 SPOSY 01 Sponsored symposium Bayer
12:15 - 13:45 SPOSY 02 Sponsored symposium Gedeon Richter
15:45 - 16:45 SPOSY 03 Sponsored symposium Exeltis

Friday 11 May 2018

10:30 - 12:00 SPOSY 04 Sponsored symposium MSD

REGISTRATION

Online registration

Please note that individual registrations can be made online: www.escrh.eu/registration-form-15th-esc-congress

Group registration

In case you want to register more than 5 participants, please complete the group file on “www.escrh.eu/registration-budapest” and return it to info@escrh.eu

Registration fees

All amounts are payable in euro and include 27% Hungarian VAT

	Until 15 January '18	Until 15 March '18	After 15 March '18 or on-site
• ESC members	535	660	770
• Non-members	635	760	870
• Hungarian participants	310	380	445
• Nurses, midwives, social workers, counsellors (non-MD) *	290	390	555
• Congress Dinner / person	100	100	100
• Pre-congress workshop	60	60	60
• Lunch / day	20	20	20

* Provide an official letter to confirm your status

Payment

- by credit card (Mastercard – VISA)
 - by bank transfer in EURO (with no costs for the beneficiary)
- Account name: European Society of Contraception and Reproductive Health
Bank name: ING Belgium
SWIFT code: BBRUBEBB
International Bank Account Number (IBAN) BE45 3101 2639 1389
Bank address: ING bank, Marktplein 26, B-1740 Ternat, Belgium
Account address: Opalfeneweg 3, B-1740 Ternat, Belgium
Put in the reference: Your name + 15th ESC Conference

Cancellation policy

All refunds will incur a 20% handling fee. No refunds will be made after 1 February 2018. However, another delegate may be nominated as a replacement, up to two weeks before the congress. Cancellation must be in writing (by letter, fax or email) to the Congress Secretariat. The date of the postmark or email will be used when considering a refund. All refunds will be made after the congress. Participants should state the bank details to which refunds should be made.

Registration package

The registration package for the participants includes:

- admission to the scientific sessions and the exhibition area
- access to the opening ceremony
- online abstract book
- final programme
- certificate of attendance
- coffee and tea during breaks
- welcome cocktail





**Family planning and contraception
from adolescence to the menopause**

**SEE YOU IN BUDAPEST!
9 - 12 MAY 2018**

**15TH CONGRESS OF THE EUROPEAN SOCIETY
OF CONTRACEPTION AND REPRODUCTIVE HEALTH**

www.escrh.eu/15th-esc-congress

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