



**15TH CONGRESS OF THE EUROPEAN SOCIETY  
OF CONTRACEPTION AND REPRODUCTIVE HEALTH**

**Family planning and contraception  
from adolescence to the menopause**

**BUDAPEST, HUNGARY, 9 - 12 MAY 2018  
WWW.ESCRH.EU**



**FIRST ANNOUNCEMENT**

## Dates to remember

- 15 November 2017 Deadline for abstract submission
- 15 January 2018 First deadline for early registration fee
- 15 March 2018 Second deadline for early registration fee
- 9 May 2018 Pre-congress workshops
- 9 May 2018 Opening ceremony and welcome reception
- 10 - 12 May 2018 Congress days
- 10 May 2018 ESC General Assembly
- 11 May 2018 Congress dinner

## Venue

HungEXpo  
Albertirsai út 10.  
H-1101 Budapest  
Hungary  
Website: [hungexpo.hu/en](http://hungexpo.hu/en)

## Contact

ESC Central Office  
T +32 2 582 08 52  
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[info@escrh.eu](mailto:info@escrh.eu)  
[www.escrh.eu](http://www.escrh.eu)

## Congress website

[www.escrh.eu/15th-esc-congress](http://www.escrh.eu/15th-esc-congress)

### Colofon

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© [www.aviewoncities.com](http://www.aviewoncities.com) (inside back cover)

# Welcome

Dear Colleagues, Guests and Friends,

It is a great pleasure to invite you to the 15th Congress of the European Society of Contraception and Reproductive Health in Budapest in May 2018.

We are delighted that our Society has organised this important 15th anniversary event in the capital city of Hungary.

The title of the congress ‘Family planning and contraception from adolescence to the menopause’ highlights that we will deal with numerous issues relating to the reproductive health of all. It is the ESC’s aim to provide a platform for introducing and exchanging the latest scientific and sociologic knowledge in the field of reproductive health. Improving and sharing our knowledge can facilitate providing the most suitable, safe and effective healthcare. The Congress will provide an excellent opportunity for researchers, clinicians and other professionals to extend their knowledge and meet with international experts in this field. The programme has been divided into sessions on: technology & basic science, clinical practice, culture & policies, quality of services and general/ other. In addition, there will be “Meet the Expert sessions”, “Expert Group sessions” and “Joint Society sessions”, which allow deeper discussion of special topics in smaller groups.

Budapest is often regarded as one of Europe’s most beautiful cities. This attractive and vibrant city has all the ingredients to make the Congress a joyful and memorable event. You can find historical monuments from Roman times to modern, broad boulevards which are decorated by grand, Art-Nouveau mansions.

Budapest has three UNESCO World Heritage sites, a wide range of cultural programmes and museums as well as the rejuvenating experience of beautiful health spas. Colourfully decorated churches, lively cafés and world-class music venues as well as friendly people, genuine hospitality and unique Hungarian gastronomy combine to make your stay memorable.

We hope that the exciting scientific programme and the fascinating host city will convince you to join this Congress.

We look forward to welcoming you to Budapest in May 2018.

Prof. Dr. György Bártfai  
Congress President

Prof. Dr. Gabriele Merki  
President of the ESC

# ORGANISATION

The Congress is organised by The European Society of Contraception and Reproductive Health (ESC)

## Congress President

Prof. Dr. György Bartfai

## Congress Secretariat

ESC Central Office  
Orga-Med Congress Office  
Opalfeneweg 3  
1740 Ternat  
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T +32 2 582 08 52  
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info@escrh.eu  
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## Hosting Society

Hungarian Society of Obstetrics and Gynaecology

## Supporting Society

Pro Familia Hungarian Scientific Society

## Executive Committee

- Merki G., Switzerland - President
- Raine S., United Kingdom - Vice-President
- Lech M., Poland - Secretary General
- Haldre K., Estonia - Assistant Secretary
- Lertxundi Barañano R., Spain - Treasurer
- Bartfai G., Hungary - Assistant Treasurer

## ESC Board

[www.escrh.eu/about-esc/committees/board](http://www.escrh.eu/about-esc/committees/board)

## Scientific Committee

- Merki G., Switzerland - President
- Bartfai G., Hungary - Congress President
- Ács N., Hungary
- Apter D., Finland
- Archer D., USA
- Bombas T., Portugal
- Bitzer J., Switzerland
- Gemzell Danielsson K., Sweden
- Haldre K., Estonia
- Kubba A., UK
- Lech M., Poland
- Lertxundi Barañano R., Spain
- Lobo P., Spain
- Mueck A., Germany
- Raine S., UK
- Randall S., UK
- Roumen F., The Netherlands
- Sedlecky K., Serbia
- Serfaty D., France
- Short M., Ireland

# SCIENTIFIC PROGRAMME

**Update:** [www.esrh.eu/scientific-programme-budapest](http://www.esrh.eu/scientific-programme-budapest)

## Sessions

- Pre-congress workshops
- Keynote lectures are plenary sessions. Leading experts will present specific subjects.
- Congress sessions: in each of these sessions, experts will provide up to date information on a particular topic. A selection of the submitted free communications will be scheduled into congress sessions
- Symposia will be the platform for the pharmaceutical companies.
- Workshops are meant as interactive sessions, introduced by experts in the field and followed by a discussion with the audience.
- Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.
- A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at Fellows and Ph.D. students and the only inclusion criterion is the age, <35 years.
- Joint society sessions will discuss a specific item within their area of interest.
- Meet the expert sessions
- Expert group sessions are organised by the ESC expert groups

## Pre-congress workshops

Wednesday, 9 May 2018

1. Let us talk about sexuality and sexual health (15:00 - 17:30)
2. Hands-on IUDs and implants (international participants) (15:00 - 16:15)
3. Hands-on IUDs and implants (Hungarian participants) (16:15 - 17:45)
4. How to design & perform a study / enhance your grant application / meet regulatory approval (15:00 - 16:30)
5. How to organise, write and read a paper (16:45 - 17:30)
6. Practice of medical abortion (15:00 - 16:30)
7. How to review a manuscript (16:45 - 17:30)
8. Contraception - mission impossible? Red flags WHO MEC 4 (15:00 - 16:00)
9. Essure insertion follow up (16:15 - 17:15)
10. How to prevent and minimise contraceptive failure - the psychosomatic perspective and approach (15:00 - 17:30)

## **Congress dinner, 11 May 2018**

The 15th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues.

## **12th Meeting of the Diczfalusy Foundation**

The 12th Meeting of the Diczfalusy Foundation is integrated in the program of the 15th ESC Congress on:

- Friday 11 May 2018, 17:00 - 18:30
- Saturday 12 May 2018, 08:30 - 12:00

There will be no registration fee for participants attending the Meeting of the Diczfalusy Foundation only. However, registration is needed through the congress registration form for practical reasons.

## **CME credits**

Approval of the Congress for continuing medical education (CME) credits will be applied for with the European Accreditation Council for Continuing Medical Education (EACCME).

## Wednesday, 9 May 2018

15:30 - 17:30 Pre-congress workshops (more details page 5)

18:00 - 19:30 Opening Ceremony

## Thursday, 10 May 2018

08:30 - 09:00 Technology & basic science

09:00 - 10:00 Technology & basic science  
Congress session  
From bench-to-bed-to  
the hand of women

Technology & basic science  
Joint session ESC - ICMC  
Male contraception

Expert Group session: EG on STI  
How to reach and inform  
women about STIs in the  
different age groups

Session of the French-speaking  
Society of Contraception (in English)

10:00 - 10:30 Break and poster viewing (6 poster presentations)

10:30 - 12:00 Sponsored Symposium

Clinical practice  
Congress session  
Life course approach:  
Contraception in the  
perimenopause

General/other  
Congress session  
Economics and epidemiology  
of contraception

Culture & Policies  
Congress session  
Culture and religion

12:00 - 13:45 Lunch and poster viewing (12 poster presentations)

12:15 - 13:45  
LUNCHTIME  
Sponsored Symposium

Meet the Experts  
Treatment of side effects  
of contraception

Meet the Experts  
How to select the optimal  
Levonorgestrel-releasing IUS

Meet the Experts  
Clinical practice  
Workshop: Clinical cases

Joint session ESC ISPOG

13:45 - 15:15 Clinical practice  
Congress session  
Gynaecological disorders

Expert Group session  
Joint session ESC Expert  
group on abortion and FIAPAC

Free communications  
Young scientists

Joint session ESC - CIC

15:15 - 15:45 Break and poster viewing (6 poster presentations)

15:45 - 17:15 Sponsored Symposium

Clinical practice  
Congress session  
Systemic medical conditions

Technology & basic science  
Congress session  
Emergency contraception

Session of the Hungarian Society of  
Obst/gyn (in English)

17:15 - 18:15

ESC General Assembly (members only)

## Friday, 11 May 2018

|                            |   |   |   |  |   |
|----------------------------|---|---|---|--|---|
| 08:30 - 09:00              | Quality of services   |   |   |  |   |
| 09:00 - 10:00              | Quality of services<br>Congress session<br>Components of quality              | Clinical practice<br>Congress session<br>Life course approach<br>Postpartum and postabortum | Technology & basic science<br>Congress session<br>Permanent contraception               | Session of the Romanian Society of Obst/gyn (in English)                                   |   |
| 10:00 - 10:30              | Break and poster viewing (6 poster presentations)                             |   |   |  |   |
| 10:30 - 12:00              | Sponsored Symposium   | Clinical practice<br>Congress session<br>IUD  | Clinical practice<br>Congress session<br>Transgender health care                        | Joint session ESC - EHF<br>European Headache Federation                                    |   |
| 12:00 - 13:45              | Lunch and poster viewing (12 poster presentations)                            |   |   |  |   |
| 12:30 - 13:30<br>LUNCHTIME | Expert Group session<br>Non-hormonal methods<br>of contraception              | Meet the Experts<br>Treatment of bleeding problems,<br>progestine only contraception        | Meet the Experts<br>Myths and misconceptions<br>re pill risks                           | Meet the Experts<br>Clinical practice: endometriosis,<br>migraine, positive family history | Joint Session<br>ESC - UNFPA<br>- EEIRH |
| 13:30 - 15:00              | Clinical practice<br>Congress session<br>Life course approach:<br>adolescents | Late breaking news<br>in Contraception  | Culture & Policies<br>Congress session<br>Contraception and mental<br>and sexual health | Granted projects   |   |
| 15:00 - 15:30              | Break and poster viewing (no presentations)                                   |   |   |  |   |
| 15:30 - 17:00              | Culture & Policies<br>Congress session<br>Joint ESC WHO                       | Joint session ESC FSRH  | Joint session WHO IPPF  | Joint session SEG  |   |
| 17:00 - 18:00              | Quality of services<br>Congress session<br>The web and social media           | Expert group session<br>Sexual education<br>Gender and sexual health                        | Joint session EBCOG   | 12th Meeting of the Diczfalusy<br>Foundation (17:00 - 18:30)                               |   |



## Saturday 12 May 2018

|               |   |   |
|---------------|---|---|
| 08:30 - 09:00 | General/other<br>History of birth control   | 12th Meeting of the Diczfalusy Foundation |
| 09:00 - 10:00 | Clinical practice<br>Congress session<br>New developments                         |   |
| 10:00 - 10:30 | Break and poster viewing  | Break and poster viewing                  |
| 10:30 - 12:00 | Expert group session:<br>Future of Hormonal and Molecular Contraception<br>Cancer | 12th Meeting of the Diczfalusy Foundation |
| 12:00 - 12:45 | Closing ceremony  |   |

# Call for abstracts

**Please submit your abstract through the online system:**

[www.escrh.eu/abstracts](http://www.escrh.eu/abstracts)

**Abstract submission deadline: 15 November 2017**

The Organising Committee and Scientific Committee invite all those involved in any aspect of contraception, sexual and reproductive health care to actively participate by submitting abstracts, either for oral free communication (FC) or poster presentation. All abstracts will be evaluated and those accepted will be published in a supplement of the European Journal of Contraception and Reproductive Health Care. As only a limited number of oral communications can be accepted, authors are asked to indicate on their form whether they wish their abstract to be considered only for oral (FC) or only for poster presentation or for either option.

## How to submit an abstract

- Abstracts can only be submitted electronically through the online system (hard copy abstracts sent by fax, email or post will not be considered): [www.escrh.eu/abstracts](http://www.escrh.eu/abstracts)
- You will initially need to register as a first-time user. The system will ask you to enter your name and contact details and to create a personal password.
- Log in to the submission system. To log in, enter your email address and the password you chose when you first registered with the system (see above).
- When you click the 'login' button, you will be taken to a screen from which the submission process starts. Please read the instructions on this screen carefully. If you have not yet submitted an abstract to the system, you should click the link that says 'Click here to start'.
- Should you want to submit several abstracts, you will have to log in each time you want to submit an abstract.
- Please contact the administrator by email ([nancy.habils@escrh.eu](mailto:nancy.habils@escrh.eu)) if you have any problem with this process.

## Typing and other instructions / Procedure and general policy

[www.escrh.eu/abstracts](http://www.escrh.eu/abstracts)

## Still have questions?

[nancy.habils@escrh.eu](mailto:nancy.habils@escrh.eu)

## Topics for oral free communications and posters

Authors must select one group from the list which best describes the content of their submitted abstract. Both quantitative and qualitative research is welcomed but NOT case reports. All abstracts must relate directly to the aims and objectives of the ESC.

- Abortion
  - Legal issues
  - Provision and funding
  - Counselling; methods; pre and post abortion care
- Contraception
  - All methods - both male & female; reversible & irreversible; emergency contraception and their availability
  - Counselling, choice, acceptability, individualised approach
  - Side effects, risks, benefits
  - Medical issues - including cancer, cardiovascular, concurrent medical/surgical problems, gynaecological issues, return of fertility, discontinuation
  - Particular groups - adolescent, post-partum, pre-menopausal, mental or physical disability, socially disadvantaged
- Culture, ethnicity and religion
- Demography
- Education and training for SRH providers, patients / clients and others
  - Differing roles of providers in the various countries
  - Methods of education ie online, e-learning, TED lectures
  - Role of academic institutions: pre and post graduate; colleges, schools etc
  - Qualifications for SRH providers
- Medico-legal
- Modern communication techniques; use by patients, clients, providers and media
  - Telemedicine; mobile devices
  - Social media
- New developments in SRH; incl. research; molecular biology and new technologies
- Service provision
  - Delivery and diversity of SRH in a multicultural world in all settings including resource-poor areas
  - Cost benefit analyses
  - Role of non-governmental organisations, charities, self-help groups.
  - Role of social sciences
  - Legal constraints
  - Funding of contraceptives - self funded; insurance, government funded
- Sexual and reproductive health
  - Behaviour
  - Rights
  - Gender issues
  - Patient / Client education
  - Sexual abuse, rape, violence
- Sexual diseases
  - Sexually transmitted infections
  - Other diseases ie Zika virus
- Sexual Dysfunction
- Other - aligned with contraception, sexual and reproductive health

## Awards

The award winners will be presented at the Closing Ceremony.

### Public Poster Award

The congress participants will be asked to vote for the Best poster.

### Oral Free Communication Award

Accepted oral Free Communication (FC) abstracts will be integrated into the main sessions. Authors will be advised as to which session their abstract has been allocated. The time limit will be 5 minutes presentation and 2 minutes for questions. Abstracts will be marked using fixed criteria and including keeping to these time limits. Abstracts that have been accepted but for which there is no presentation slot, will be included in the electronic book of abstracts in a separate section. These will not be eligible for the oral free communication award.

### Young Scientist Award

Authors wishing to be considered for this award must be the first author and be under 35 years at 9 May 2018. Accepted abstracts will be presented and judged in the Young Scientist session. The time limit will be 10 minutes for presentation and 4 minutes for questions.

### Best Poster Award

Accepted poster authors will be asked to make a short presentation at an allocated time during tea/coffee or lunch breaks. They will be advised as to what time slot their abstract has been allocated. This will be an opportunity for the public to discuss the author's work and for marking the Best Poster prize. The time limit will be 10 minutes for presentation and questions.

# REGISTRATION

## Online registration

Please note that individual registrations can be made online: [www.escrh.eu/registration-form-15th-esc-congress](http://www.escrh.eu/registration-form-15th-esc-congress)

## Group registration

In case you want to register more than 5 participants, please complete the group file on “[www.escrh.eu/registration-budapest](http://www.escrh.eu/registration-budapest)” and return it to [info@escrh.eu](mailto:info@escrh.eu)

## Registration fees

All amounts are payable in euro and include 27% Hungarian VAT

|   | Until 15 January '18 | Until 15 March '18 | After 15 March '18<br>or on-site |
|---|----------------------|--------------------|----------------------------------|
| • <b>ESC members</b>  | 535                  | 660                | 770                              |
| • <b>Non-members</b>  | 635                  | 760                | 870                              |
| • <b>Hungarian participants</b>                                   | 310                  | 380                | 445                              |
| • <b>Nurses, midwives, social workers, counsellors (non-MD) *</b> | 290                  | 390                | 555                              |
| • <b>Congress Dinner / person</b>                                 | 100                  | 100                | 100                              |
| • <b>Pre-congress workshop</b>                                    | 60                   | 60                 | 60                               |
| • <b>Lunch / day</b>  | 20                   | 20                 | 20                               |

\* Provide an official letter to confirm your status

## Payment

- by credit card (Mastercard – VISA)
  - by bank transfer in EURO (with no costs for the beneficiary)
- Account name: European Society of Contraception and Reproductive Health  
Bank name: ING Belgium  
SWIFT code: BBRUBEBB  
International Bank Account Number (IBAN) BE45 3101 2639 1389  
Bank address: ING bank, Marktplein 26, B-1740 Ternat, Belgium  
Account address: Opalfeneweg 3, B-1740 Ternat, Belgium  
Put in the reference: Your name + 15th ESC Conference

## Cancellation policy

All refunds will incur a 20% handling fee. No refunds will be made after 1 February 2018. However, another delegate may be nominated as a replacement, up to two weeks before the congress. Cancellation must be in writing (by letter, fax or email) to the Congress Secretariat. The date of the postmark or email will be used when considering a refund. All refunds will be made after the congress. Participants should state the bank details to which refunds should be made.

## Registration package

The registration package for the participants includes:

- admission to the scientific sessions and the exhibition area
- access to the opening ceremony
- online abstract book
- final programme
- certificate of attendance
- coffee and tea during breaks
- welcome cocktail





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**SEE YOU IN BUDAPEST!  
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