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Congress secretariat

ESC Central Office
Opalfeneweg 3
B-1740 Ternat, Belgium
T +32 2 582 08 52
F +32 2 582 55 15
congress@escrh.eu
www.escrh.eu

Congress venue

The Megaron Athens International Conference Centre
Vassilissis Sofias & Kokkali
115 21 Athens
Greece
www.megaron.gr

Accommodation

MDcongress
T +30 2106074200
ch.zafeirouli@mdcongress.gr, md@mdcongress.gr
www.esc2012.mdcongress.gr
Introduction

Dear colleagues and friends,

Allow us to welcome you to Athens for the 12th Congress of the European Society of Contraception and Reproductive Health (20-23 June 2012).

The title of the congress “Myths and misconceptions versus evidence on contraception” reflects the fact that despite dissemination of information, the availability of contraceptives and the achievements in the fields of reproductive health, there are still misconceptions, bordering on obsession. These misconceptions greatly affect the will of couples to rely on contraception therefore limiting its use.

Studies have shown that where contraceptive use is inaccessible or of low quality, there are consequences for people’s reproductive health, especially to the younger age groups. Furthermore, well conducted studies have demonstrated great deficiencies in the knowledge of contraception and the existence of misconceptions even among medical doctors, including gynaecologists.

Presentations based on the results of evidence based studies should reveal the truth about contraception and dispel the common myths and misconceptions. We have the ambition and the decisiveness to contribute to the achievement of this goal with the organisation of the 12th ESC Congress.

The format of the congress will be with a wide variety of topics and sessions. A considerable proportion of the scientific programme will be interactive, including meet the expert sessions and workshops.

There is no better place in Europe to discuss these topics than the beautiful city of Athens. Athens is a unique city, combining the splendour of its ancient past with the radiance of modern, living capital. Innumerable cultural venues, leading museums and sites of immense archaeological importance make Athens a city of unsurpassed cultural heritage. All in one Athens offers a visitor experience that is second to none.

We are confident that the 12th ESC Congress will stay in your memory for a long time.

Dimitrios Lazaris  
President of the 12th ESC Congress

Johannes Bitzer  
President of the ESC
Organisation

International Scientific Committee

J. Bitzer (Switzerland), President
G. Creatsas (Greece), Co-President
J.J. Amy (Belgium)
I. Batar (Hungary)
T. Bombas (Portugal)
D. Cibula (Czech Republic)
P. Crosignani (Italy)
M. Kishen (United Kingdom)
D. Lazaris (Greece)
G. Lazdane (WHO)
I. Lele Lasa (Spain)
G. Merki-Feld (Switzerland)
B. Pinter (Slovenia)
D. Serfaty (France)
S. Skouby (Denmark)
R. van Lunsen (the Netherlands)

Honorary Congress President
G. Creatsas (Greece)

Organising Committee

D. Lazaris (Greece), President
T. Agorastos (Greece), Vice President
L. Zafeiropoulos (Greece), Secretary
K. Sedlecky (Serbia), Assistant Secretary
A. Gerolymatos (Greece), Treasurer
R. Beerthuizen (the Netherlands), Assistant Treasurer
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P. Drakakis (Greece)
G. Galazios (Greece)
G. Geogadakis (Greece)
I. Grammatikakis (Greece)
S. Kalantaridou (Greece)
A. Makrygiannakis (Greece)
N. Salakos (Greece)
T. Theodoridis (Greece)
Board of Directors

M. Angeles Gomez (Spain)
J.J. Amy (Belgium)
D. Apter (Finland)
I. Batar (Hungary)
G. Bartfai (Hungary)
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R. Beerthuizen (the Netherlands)
A. Ber (Israel)
J. Bitzer (Switzerland)
C. Birladeanu (Romania)
I. Blidaru (Romania)
T.A. Carmo Bombas (Portugal)
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P.G. Crosignani (Italy)
G. Crvenkovic (Croatia)
M. Fanta (Czech Republic)
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K. Gemzell – Danielsson (Sweden)
A. Jansen van Hees (the Netherlands)
M. Kishen (United Kingdom)
D. Lazaris (Greece)
I. Lete Lasa (Spain)
C. McNicholas (Ireland)
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L. Ostrowska (Poland)
P. Patroclou (Cyprus)
T. Rabe (Germany)
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D. Seidman (Israel)
I. Sivin (USA)
S. Skouby (Denmark)
A. Stolfa Gruntar (Slovenia)
T. Tishurova (Belarus)
V. Vanagiene (Lithuania)
I. Viberga (Latvia)
A. Volpe (Italy)
P. Weiss (Czech Republic)
S. Weyers (Belgium)
V. Yaglov (Russia)

Executive Committee of the ESC

J. Bitzer (President)
D. Apter (Vice-President)
K. Sedlecky (Secretary General)
T. Bombas (Assistant Secretary)
R. Beerthuizen (Treasurer)
P. Patroclou (Assistant Treasurer)

Hosting societies

Greek Family Planning Association
Hellenic Endocrine Society

Under the auspices of

- Medical Association of Athens
- Pan-Hellenic Medical Association
- The Greek National Tourism Organisation (EOT) [of the Ministry of Culture and Tourism of the Hellenic Republic]
- Ministry of Health and Social Solidarity (of the Hellenic Republic)
Athens

Athens is recognised as the birthplace of civilisation. The source of many of the West’s intellectual and artistic conceptions, reminders are present throughout the city. The most famous of these is the Parthenon, which dominates the Athenian landscape and is unsurpassed in its beauty, architectural splendour and historic importance. The city’s many classical remains can be discovered in the excellent museums, including the newly renovated National Archaeological Museum and New Museum of the Acropolis with their respective superb collections of Greek antiquities.

Bathed in light and drenched in sunshine for 300 days of the year, the vibrant city streets and squares are full of cafés and an astonishing number of restaurants of all styles. Here you can sate your senses with a cuisine recognised as one of the healthiest and tastiest in the world, in restaurants overlooking the moonlit Acropolis or tavernas next to the sparkling Aegean Sea.

Archaeological attractions in Athens

- The Acropolis Hill of Athens is the most important landmark in the city and, as a World Heritage Monument, constitutes one of the most recognisable monuments on Earth. The first habitable remains on the Acropolis date from the Neolithic period.

- The New Acropolis Museum is a purpose built museum by the architect Bernard Tschumi to house the archaeological findings related to the Acropolis Hill.

- The National Archaeological Museum of Athens is the largest, most important archaeological museum in Greece and among the richest in the world for Ancient Greek art.

Historical sites, cultural attractions and sight seeing

- Lycabettus Hill rises 1,000 feet into the Athenian sky offering a unique vantage point to the city.

- The Zappeion Exhibition Hall is one of the outstanding examples of late Athenian Classicism and an archetype of Greek public architecture.

- The Parliament Building (Old Palace) is a representative sample of the early period of Neoclassicism in Greece.
Practical information

**Badges:** Congress badges should be worn by all participants at all times during the congress and while visiting the exhibition area. No badge, no entry.

Badges are colour-coded as follows:
- Participants: ESC members: Yellow
- Participants: non-members: White
- Exhibitors: Blue
- Organisers and staff: Red

**Book of abstracts:** You will receive the book of abstracts at the special desk in return for the voucher which you will find in your personal envelope together with your badge.

**Certificate of attendance:** A certificate of attendance will be available in your personal envelope and will be delivered together with your badge upon arrival.

**Currency:** The currency in Greece is the Euro (€). All Congress fees and rates are charged in Euro. No other currency will be accepted during the Congress.

**Electricity:** Electric appliances in Greece work with 220 volts, ca. 50 Hz and plugs conform to the European system of round pins with two holes.

**Evaluation form:** In order to allow the organisers to learn from past experiences they would be very grateful if you would be willing to give them the necessary feedback. An evaluation form is available in your congress bag. Kindly complete the form and return it to the registration desk. The congress organisers appreciate your valuable feedback.

**Exhibit and sponsors:** See also “exhibit and sponsors” later in this final programme. Coffee breaks will be served in the exhibition area. Delegates are encouraged to visit the stands and to recognise the valuable support which these companies have provided towards the congress.

**General Assembly**

Paid-up members are welcome to attend the General Assembly:
Alexandra Trianti Hall, Megaron Conference Centre
Thursday 21 June, 2012 – 18:00

**Hotel accommodation:** MDCongress is in charge of all hotel reservations and will have an accommodation desk within the registration area with the aim to help you with any questions related to accommodation.

**Insurance, liability:** ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.
**Lunches**: Participants who register (max. 15 p) on site for one of the Meet the Expert sessions on Thursday or participate to the lunchtime symposium of MSD on Thursday will have a free lunch box provided. Lunch boxes will also be provided during the Expert Group sessions on Friday.

Lunch facilities within the Megaron Conference Center: cash bars will be foreseen. Megaron has also a restaurant ‘Fuga’.

Lunch facilities within walking distance (200-300 meter) from the Megaron Conference Center: ‘Parko’ (café- Restaurant), ‘Jimas Gingers’ (all day restaurant café), ‘Meat…ing’ (restaurant where only meat is served).

**On-site registrations**: All amount are payable in euro and include 23% Greek VAT.

<table>
<thead>
<tr>
<th>Category</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESC members</td>
<td>700</td>
</tr>
<tr>
<td>Non-members</td>
<td>800</td>
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<tr>
<td>Nurses, midwives, social workers, counsellors (non-MD), medical students</td>
<td></td>
</tr>
<tr>
<td>ESC members</td>
<td>440</td>
</tr>
<tr>
<td>Non-members</td>
<td>540</td>
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<tr>
<td>Greek participants</td>
<td>530</td>
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<tr>
<td>Congress Dinner</td>
<td>110</td>
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<tr>
<td>Extra person(s) attending the Opening Ceremony and Cocktail</td>
<td>45</td>
</tr>
</tbody>
</table>

On-site registration (free) is needed to attend one of the Meet the Expert Sessions (Thursday 12:30-13:30) and to attend the Hands-on Workshop IUD & Implants (Thursday 14:00-15:30). **Attendance to the Meet the Expert Sessions is limited to 15 persons per session and to 36 persons for the Hands-on Workshop.** Please register at the registration desk for these sessions not later than Thursday at 11:00 am.

**Opening hours of the registration desk:**
- Wednesday, June 20                                      12:00 - 18:30
- Thursday, June 21                                       08:00 - 18:00
- Friday, June 22                                         08:30 - 16:00
- Saturday, June 23                                       08:30 - 12:00

**Preview room for invited speakers**: Speakers are kindly invited to submit their slides - either on CD-rom, memory stick or laptop - at the latest 60 minutes before their presentation to the preview room. Last minute preview facilities will be available.

**Registration package**: The registration package for the participants includes:
- admission to the scientific sessions and the exhibition area
- access to the opening ceremony
- abstract book
- final programme
- certificate of attendance
- coffee and tea during breaks
- welcome cocktail (Wednesday)
**Translation:** The official language of the congress will be English. Simultaneous translation is foreseen into Russian and Greek for the sessions in the Alexandra Trianti Hall and for the Congress sessions on Thursday and Friday in the Dimitris Mitropoulos Hall. Some of the Society sessions might be held in the language of the organising country.

**Introduction**

**scientific programme**

**High standard scientific programme:** the Scientific Committee has endeavoured to put together a high standard, well balanced scientific programme, offering current topics and excellent speakers. To make the programme even more attractive, a considerable proportion will be interactive with the audience.

**Keynote lectures and sessions** are plenary sessions where leading experts will present specific subjects.

**Congress sessions:** in each of these 6 sessions, three or four experts will provide up to date information on a topic, with plenty of opportunity for questions. There will be a selected free communication added to each session.

**Workshops are educational sessions** and will teach participants on 1) how to write a paper, 2) STD, 3) Contraception during the reproductive life cycle and 4) Counselling. An extra hands-on workshop will be dedicated to IUDs and implants.

**Meet the Expert sessions** are scheduled on Thursday and are organised as informal, round table discussions during lunch with a maximum of 15 participants. A variety of topics will be covered. Participants attending one of these meet the expert sessions will receive a free lunch box. Please register in advance at the registration desk for these sessions.

**ESC Expert Group sessions** are scheduled on Friday lunch time. They are organised by five Expert Groups. The format of the sessions may differ from each other. They will focus on the highlights in their area of expertise. In parallel, a special session entitled ‘Museum of Contraception and Abortion’ will emphasis on myths, from the past to the present.

A special session is organised for non-medicals (Thursday, June 20 from 17:15 to 18:00, Nikos Skalkotas Hall) and will share information on insurance, IUD insertion etc.

**Society sessions** are organised by national and international societies or organisations with aims similar to the ESC and will discuss a specific item within their area of interest. Society sessions may be organised in a language other than English.

**Symposia** will be the platform for the pharmaceutical companies.
Free Communication sessions: a selection of the submitted free communications are either integrated into the congress sessions or scheduled into separate free communication sessions. Abstracts of selected free communications can be found in the Book of Abstracts.

A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at Fellows and Ph.D. students, but the only inclusion criterion was the age < 35 years.

Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme. The poster area is in the Muses upper level Foyer (1st floor). Posters will be on display for the full time of the Congress. Abstracts of selected posters can be found in the Book of Abstracts. Posters can be mounted on Wednesday 20 June, between 12:00 and 19:00. Contact the Poster Managers in the poster area for assistance.

Awards

The ESC Congress Medal will be awarded to honour outstanding national or international recognised activity in contraception, abortion, sexual or reproductive health. The ESC Medal will be awarded during the Opening Ceremony on Wednesday.

A Young Scientist session (Friday, 22 June, 14:00 – 15:30, MC3 room) will provide a special platform for presentations by young scientists (below 35 years of age). Each presenter in this session will compete for the ESC Young Scientist Award.

The Best Free Communication Award will be awarded during the Closing Session on Saturday.

The Best Poster Awards: A selection of the best posters will be presented in the ‘Best Poster’ session (Friday, 22 June, 14:00 – 15:30, Nikos Skalkotas Hall). From this session, the candidates for the Best Poster Awards will be chosen. To be considered for these awards, posters will need to be in place for judging by 10:00 am on Thursday June 21. Authors should be at their poster during coffee breaks. Poster presenters should check on Friday (latest at 12:30) if their poster has been selected by looking for a congrat balloon on their poster board. Those selected will have to prepare a presentation for the Best Poster Session (for timing, see above). The talk should be limited to 5 minutes, documented with a maximum of 5 Powerpoint slides. Poster presenters are asked to submit their presentation to the preview room as soon as possible. The Best Poster awards will be awarded during the Closing Ceremony on Saturday.

The ESC Best Public Poster Award: In your personal envelope (among others containing your badge), you will find two voting ballots. Please indicate on each ballot a poster number you would like to nominate. Since you have two ballots, you can nominate two different posters. Please drop both ballots in the poster voting bin at the registration desk. The ESC Best Public Poster Award will be awarded during the Closing Ceremony on Saturday. One ballot will be drawn randomly and this participant receives a fee waiver for the First Global Conference on contraception, reproductive and sexual health in Copenhagen, Denmark from 22 to 25 May 2013.
Social programme

Wednesday, 20 June 2012
Opening Ceremony - 18:00 - Alexandra Trianti Hall
Welcome Reception - 19:00 - Exhibit Hall • Muses Foyer

All participants are warmly invited to join us for the Opening Ceremony that takes place in Alexandra Trianti Hall. It will be an entertaining and eventful introduction to the congress. During the ceremony, the ESC Medal will be awarded for the fourth time. After the Opening Ceremony, we will officially open the industrial exhibition and invite our delegates to the Welcome Reception.

Friday, 22 June 2012
Congress Dinner - 19:00 - Astir Palace resort

The 12th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening at Astir Palace Resort in the company of your friends and colleagues. We will offer an exquisite blend of excellent food and entertainment. The buses will leave from the entrance of the Megaron Conference Center at 18:45 for Astir Palace Resort (40 Apollonos Street, Vouliagmeni, Athens). Return transfer to the hotels will be arranged.
Dress code: business casual
The tickets for this unique event are 110 euro each.

Saturday, 23 June 2012
Closing and Award Ceremony - Alexandra Trianti Hall

The last session but not the least. Presentations will be made to the winners of the 2012 ESC Poster Award, the Public Poster Award, the Best Free Communication Award as well as the winner of the Young Scientist Award. At the end of the Ceremony, we will say goodbye to Athens and welcome Copenhagen (2013).
**Wednesday, 20 June 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>18:00</td>
<td>Opening session</td>
</tr>
<tr>
<td>19:00</td>
<td>Opening reception</td>
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</tbody>
</table>

**Thursday, 21 June 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>08:30</td>
<td>Keynote session 1: Myths and misconceptions</td>
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<tr>
<td>10:00</td>
<td>Break and poster viewing</td>
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<tr>
<td>10:30</td>
<td>Sponsored symposium Bayer: Changing attitudes towards oral contraception</td>
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<tr>
<td>12:00</td>
<td>Lunchtime symposium MSD</td>
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<tr>
<td>12:15</td>
<td>Innovations in hormonal contraception</td>
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<tr>
<td>14:00</td>
<td>Sponsored symposium HRA Pharma: Misconceptions in emergency contraception (EC)</td>
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<tr>
<td>15:30</td>
<td>Break and poster viewing</td>
</tr>
<tr>
<td>16:00</td>
<td>Keynote lecture 1: Myths and misconceptions about contraception</td>
</tr>
<tr>
<td>16:30</td>
<td>Congress session 2: New concepts in hormonal contraception</td>
</tr>
<tr>
<td>16:30</td>
<td>Breaking news and late arrivals</td>
</tr>
<tr>
<td>17:15</td>
<td>Information sharing session for non medics</td>
</tr>
</tbody>
</table>

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**Alexandra Trianti Hall**

- **08:30** Keynote session 1: Myths and misconceptions

**Dimitris Mitropoulos Hall**

- **10:30** Congress session 1: Barrier methods and NFP

**Nikos Skalkotas Hall**

- **10:30** Workshop 1: How to write a paper?

**MC 3 room**

- **10:30** Society Session 1: SEC - Are the myths and erroneous ideas globalized?
- **11:20** Society Session 2: Swiss Society of Contraception - Important aspects of contraception in adolescents

**MC 2 room**

- **10:30** Society Session 3: IPPF EN Exploring the reasons for low modern contraceptive use in Eastern Europe
- **11:20** Society Session 4: German Society of Contraception

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**Alexandra Trianti Hall**

- **12:30 - 13:30** Keynote lecture 1: Myths and misconceptions about contraception

**Dimitris Mitropoulos Hall**

- **14:00 - 14:40** Society session 5: FSRH - Intrauterine contraception: myths and misconceptions among providers and potential users
- **14:50 - 15:30** Society session 6: WAS - Playing in the interface between sexual and reproductive health

**Nikos Skalkotas Hall**

- **14:50 - 15:30** Workshop 2: STD

**MC 3 room**

- **16:30 - 17:10** Society Session 7: SFP Cost effectiveness of contraception in preventing unintended pregnancy
- **17:15 - 18:00** Society Session 8: ECEC: Launch of the ECEC

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Meet the expert sessions (registration required on site at the registration desk - max. 15 participants/session)

- Side effects of progestogen only contraception (POC) - MC 2
- Communicating sexual education - MC 3
- The pleasure principle in sexual health - MC 3.2
- Sexual health of people living with HIV - MC 3.3
- Practical aspects of PCO and metabolic syndrome - MC 3.4
- Critical reading - MC 3.5
- Contraception in cancer survivors - CR 2
- Emergency contraception - CR 3
- What about boys - CR 4
- Medical abortion - CR 7
## Friday, 22 June 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Alexandra Trianti Hall</th>
<th>Dimitris Mitropoulos Hall</th>
<th>Nikos Skalkotas Hall</th>
<th>MC 3 room</th>
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<tbody>
<tr>
<td>08:30</td>
<td>Keynote session 2:</td>
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<tr>
<td></td>
<td>Contraception in Europe</td>
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<tr>
<td>10:00</td>
<td>Break and poster viewing</td>
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<tr>
<td>13:30</td>
<td>Keynote lecture 2:</td>
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<tr>
<td></td>
<td>Demography and contraception: facts and fiction</td>
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<tr>
<td>14:00</td>
<td>Sponsored Symposium Pantarhei Bioscience: Androgens matter</td>
<td>Congress Session 4: Long acting reversible methods</td>
<td>Best Poster Session</td>
<td>Free communication session 4 Young scientists</td>
</tr>
<tr>
<td>14:45</td>
<td>Sponsored symposium Estetra The fourth Estrogen Estetrol for oral contraception</td>
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<tr>
<td>15:30</td>
<td>Keynote lecture 3: Contraception and women’s health</td>
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<tr>
<td>16:00</td>
<td>Break and poster viewing</td>
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<td>17:15</td>
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<td>Society session 12: Research Center for Obstetrics, Gynaecology and Perinatology; Ministry of Healthcare and Social Development of the Russian Federation; The Russian Association for Population and Development. Contraception in Russia: achievements and prospects</td>
<td>Society session 14: FIAPAC Myths in abortion care</td>
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<tr>
<td>18:00</td>
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Scientific programme

Continuing Medical Education Credits

The European Society of Contraception and Reproductive Health (ESC) is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net. The 12th Congress of the European Society of Contraception and Reproductive Health is designated for a maximum of (or ‘for up to’) 15 hours of European External CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity. EACCME credits are recognised by the American Medical Association towards the Physician’s Recognition Award (PRA). To convert EACCME credits to AMA PRA category 1 credit, contact the AMA (www.ama-assn.org).

Wednesday, 20 June 2012

Alexandra Trianti Hall

18:00  Opening Session

Cultural programme: Lykeum Hellinidon (dance)

Welcome address by the Congress President
D. Lazaris (Greece)

Welcome address by the ESC President
J. Bitzer (Switzerland)

Welcome address by the President of the Athens Medical Association
G. Patoulis

Cultural programme

ESC Medal Ceremony:

W. Peers † (Belgium)
Introduction, J.J. Amy (Belgium)

E. Diczfalusy (Sweden)
Introduction, K. Gemzell Danielsson (Sweden)

Cultural programme

19:00  Opening Reception
Thursday, 21 June 2012

08:30

Alexandra Trianti Hall
08:30 - 10:00 Keynote session 1: Myths and misconceptions
Chair: P. Patroclou (Cyprus) - P.G. Crosignani (Italy) - G. Farmakides (Greece) - P. Drakakis (Greece)
08:30 • IS-01 Every doctor is a contraception specialist
J. Bitzer (Switzerland)
09:00 • IS-02 Abortion: facts and fiction
K. Gemzell-Danielsson (Sweden)
09:30 • IS-03 Myths about sexuality
R. van Lunsen (the Netherlands)

10:00 Break and poster viewing

10:30

Alexandra Trianti Hall
10:30 - 12:00 Sponsored symposium Bayer
Changing attitudes towards oral contraception
Chair: A. Szarewski (UK) - A. Kubba (UK)
Welcome and introduction
A. Szarewski (UK) - A. Kubba (UK)
Contraceptive use and the importance of counselling
A. Kubba (UK)
Progress in real-life contraceptive effectiveness
N. Panay (UK)
Contraceptive regimes and postponing menstruation
A. Szarewski (UK)
Questions and summary
A. Szarewski (UK) - A. Kubba (UK)

Dimitris Mitropoulos Hall
10:30 - 12:00 Congress session 1: Barrier methods and natural family planning
Chair: B. Pinter (Slovenia) - G. Androutsos (Greece) - Th. Theodoridis (Greece) - N. Linardos (Greece)
10:30 • IS-04 Female barrier methods
C. Mauck (USA)
10:50 • IS-05 Male condom
M. Lech (Poland)
11:10 • IS-06 Spermicides
J. Ramalho - Santos (Portugal)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:30 - IS-07</td>
<td>Natural family planning</td>
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<tr>
<td>L. Wallwiener (Germany)</td>
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<tr>
<td>11:50 - FC-01</td>
<td>Free communication: New female barrier methods designed for acceptability</td>
</tr>
<tr>
<td>M. Kilbourne-Brook (USA)</td>
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</tbody>
</table>

**Nikos Skalkotas Hall**

10:30 - 12:00  
Workshop 1: How to write a paper  
J.-J. Amy (Belgium)

**MC 3 room**

10:30 - 11:10  
Society Session 1: Spanish Society of Contraception  
(SEC) Are the myths and erroneous ideas globalized?  
Situation of the hormonal contraception in Spain and possible solutions  
Chair E. de la Viuda Garcia (Spain)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30</td>
<td>Introduction</td>
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<td>E. Pérez Campos (Spain)</td>
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<tr>
<td>10:45</td>
<td>Debate</td>
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<tr>
<td></td>
<td>E. López Arregui (Spain) - M. Quesada (Spain)</td>
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<td>J. L. Doval (Spain)</td>
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<tr>
<td>11:00</td>
<td>Q &amp; A</td>
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11:20 - 12:00  
Society Session 2: Swiss Society of Contraception  
Important aspects of contraception in adolescents  
*Session will be held in English: all participants are welcome to join.*  
Chair: G. Merki-Feld (Switzerland) - S. Tschudin (Switzerland)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:20</td>
<td>Different dosages of contraceptives - recommendations for adolescents</td>
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<td>R. Drahts (Switzerland)</td>
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<td>11:40</td>
<td>Contraception after medical abortion</td>
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<td>A. Godinho Lourenco (Switzerland)</td>
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**MC 2 room**

10:30 - 11:10  
Society Session 3: International Planned Parenthood Federation European Network (IPPF EN)  
Exploring the reasons for low modern contraceptive use in Eastern Europe  
Chair: J. Dec, IPPF EN President (Poland)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Overview of women's access to modern contraception across Europe</td>
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<tr>
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<td>M. Vandewiele (Belgium)</td>
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<td>10:40</td>
<td>Results of a field study in 7 countries exploring the reasons for low contraceptive use</td>
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<td>M. Vandewiele (Belgium)</td>
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<td>10:50</td>
<td>Understanding barriers to access in FYROM</td>
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<tr>
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<td>M. Carovska (FYROM)</td>
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<tr>
<td>11:00</td>
<td>Understanding barriers to access in Armenia</td>
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<td>M. Hakobyan (Armenia)</td>
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</tbody>
</table>
11:20 - 12:00

**Society Session 4: German Society of Contraception**

*Session will be held in English*

**Chair:** T. Rabe (Germany) - A. Mueck (Germany)

11:20 • SS4-1 Postcoital contraception

*T. Rabe (Germany)*

11:30 • SS4-2 Breast cancer: risk or protection during estrogen therapy derived from mechanisms?

*A. Mueck (Germany)*

11:40 • SS4-3 Ulipristal acetate - therapeutic options of a new selective progesterone receptor modulator (SPRM) for contraception and treatment of menorrhagia and leiomyoma

*T. Rabe (Germany)*

11:50 • SS4-4 Oral hormonal contraception and endometriosis

*A. Schindler (Germany)*

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**12:00**

**Alexandra Trianti Hall**

**12:15 - 13:45**

Sponsored symposium MSD

*including lunch served at 12:00 in the Foyer of Trianti Hall*

Innovations in hormonal contraception: dispelling myths and misconceptions

**Chair:** Chiara Benedetto (Italy)

12:15 Are we doing all we can to help each woman make the right contraceptive choice?

*Chiara Benedetto (Italy)*

12:25 Combined oral contraceptives with Estradiol: will reality live up to expectations?

*Anneliese Schwenkhaagen (Germany)*

12:45 Vaginal administration: are women comfortable with it and is time spent counseling worthwhile

*Anthony P. Tizzano (USA)*

13:05 Unintended pregnancies as a global health issue: is there a role for long-acting reversible contraceptives?

*Diana Mansour (UK)*

13:25 Panel discussion and Q&A

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**12:30 - 13:30**

Meet the Expert sessions

**MC 2**

IS-08 • Side effects of progestogen only contraception (POC)

*G. Merki-Feld (Switzerland) - T. Bombas (Portugal)*

**MC 3**

IS-09 • Communicating sexual education

*O. Loeber (the Netherlands) - E. Deligeoroglou (Greece)*

**MC 3.2**

IS-10 • The pleasure principle in sexual health

*S. Slack (UK)*

**MC 3.3**

IS-11 • Sexual health of people living with HIV

*C. Noestlinger (Belgium) - I. Kint (Belgium)*

**MC 3.4**

• Practical aspects of PCO and metabolic syndrome

*S. Skouby (Denmark) - M. Fanta (Czech Rep.)*
MC 3.5 IS-12 • Critical reading - I. Lete Lasa (Spain) - A. Webb (UK)
CR 2 • Contraception in cancer survivors
D. Cibula (Czech Rep.) - M. Kishen (UK)
CR 3 IS-13 • Emergency contraception
B. Frey Tirri (Switzerland) - K. Sedlecky (Serbia)
CR 4 IS-14 • What about boys - D. Apter (Finland) - O. Kapella (Austria)
CR 7 IS-15 • Medical abortion
K. Gemzell-Danielsson (Sweden) - C. Fiala (Austria)

14:00

Alexandra Trianti Hall
14:00 - 15:30 Sponsored symposium: HRA Pharma
Misconceptions in Emergency Contraception (EC)
Chair: J. Trussell (USA)
14:00 Does access to EC affect adolescents’ sexual behavior?
D. Apter (Finland)
14:30 How critical is timing for emergency contraception?
D. Mansour (UK)
15:00 Is there a difference between the effects of UPA & LNG on follicular rupture?
V. Brache (Dominican Republic)

Dimitris Mitropoulos Hall
14:00 - 14:40 Society Session 5: Faculty of Sexual and Reproductive Healthcare (FSRH) - UK
Chair: C. Wilkinson (UK)
SS5-1 Intrauterine contraception: myths and misconceptions among providers and potential users
A. Glasier (UK) - A. Gebbie (UK)
14:50 - 15:30 Society Session 6: World Association for Sexual Health (WAS)
Playing in the interface between sexual and reproductive health
Chair: K. Wylie (UK)
14:50 • SS6-1 Sexual aspects of contraception
J. Bitzer (Switzerland)
15:03 • SS6-2 Sexual variety as contraception
K. Wylie (UK)
15:15 • SS6-3 Sexual aspects of not conceiving
W. Gianotten (the Netherlands)

Nikos Skalkotas Hall
14:00 - 15:30 Workshop 2: STD
P. Horner (UK) - B. Frey-Tirri (Switzerland) -
J. Paavonen (Finland) - G. Donders (Belgium)
**MC 3 room**
**14:00 - 15:30**

**Free communication session 1**
*Chair: J. Tzafetas (Greece) - K. Stefanidis (Greece)*

- **14:00 • FC-02** Why again? Repeat abortion and use of contraception
  *O. Loeber (the Netherlands)*

- **14:13 • FC-03** Myths and misconceptions of oral contraceptives in Korean women: WISEWOMAN’s online counselling in 2009
  *Sujeong Park (Rep of Korea)*

- **14:26 • FC-04** Developing Skills in Sexual and Reproductive Healthcare: A work based training programme for nurses
  *J. Shawe (UK)*

- **14:39 • FC-05** Outcome analysis of Family Planning Unit actions at University Hospital of Patras (1993-2009)
  *V. Vervita (Greece)*

- **14:52 • FC-06** Changes in contraceptive usage patterns among Armenian women in a decade: promising prerequisites towards the reduction of abortion rates
  *G. Panajyan (Armenia)*

- **15:05 • FC-07** Developing an Ob-Gyn subspeciality in family planning in the United States
  *U. Landy (USA)*

- **15:18 • FC-08** Defective counseling on oral contraceptive usage in women requesting for abortion
  *S. Campos (Portugal)*

**MC 2 room**
**14:00 - 15:30**

**Interactive workshop: Hands on (IUD, implants)**
*IS-16 R. Beerthuizen (the Netherlands) - P. Panagopoulos (Greece)*

**15:30**

**Break and poster viewing**

**Dimitris Mitropoulos Hall**
**15:45 - 16:30**

**Sponsored symposium Bayer**
A new evidence-based treatment approach in endometriosis
*Chair: T. Römer (Germany)*

- A closer look at progestins in endometriosis treatment
  *M. Mueller (Switzerland)*

- Innovation in endometriosis treatment
  *R. Martin (Colombia)*

- Clinical experience with Dienogest
  *H. R. Tinneberg (Germany)*

**16:00**
Alexandra Trianti Hall
16:00 - 16:30
Keynote lecture 1: Myths and misconceptions about contraception
Chair: D. Lazaris (Greece) - A. Volpe (Italy)
G. Georgadakis (Greece) - E.F. Papamargaritis (Greece)
IS-17 Keynote speaker: M. Kishen (UK)

16:30
Alexandra Trianti Hall
16:30 - 18:00
Congress session 2: New concepts in hormonal contraception
Chair: G. Merki (Switzerland) - S. Skouby (Denmark) -
K. Dafopoulos (Greece) - L. Michalas (Greece)
16:30
Hormonal contraception in the future: Extended cycle regimens?
S. Skouby (Denmark)
16:50 • IS-18 Combined pills with estradiol: Risks and benefits
G. Merki (Switzerland)
17:10 • IS-19 Estetrol in oral contraception: is it a safer alternative?
R. Dubey (USA)
17:30 • IS-20 Emergency contraception with Ulipristal
S. Cameron (UK)
17:50 • FC-09 Free communication: Implementing DoE in Contraceptive Vaginal Rings development
N. Köster (Sweden)

Dimitris Mitropoulos Hall
16:30 - 18:00
Free communication session 2
Chair: G. Kallipolitis (Greece) - A. Gerolymatos (Greece)
16:30 • FC-10 Trends in the characteristics of women who obtain legal abortions worldwide
G. Sedgh (USA)
16:43 • FC-11 Introducing medical abortion in Turkey: perspectives of physicians
Ayse Akin (Turkey)
16:56 • FC-12 Effect of Ulipristal acetate on sperm capacitation and acrosomal reaction in human spermatozoa
L. Bahamondes (Brazil)
17:09 • FC-13 Multidisciplinary Consensus on the Modernisation of Emergency Contraception Services in the UK:
The Way Forward…
A. Kubba (UK)
17:22 • FC-14 Increase in US Pearl Index (PI) over time not due to obesity in a recent large contraceptive study
A.M. Kaunitz (USA)
17:35 • FC-15 The role of contraceptive choice among counsel women (according to the project CHOICE in Russia)
V. Prilepskaya (Russia)

17:48 • FC-16 Experience with new visualized anchoring technology for frameless IUD/IUS
D. Wildemeersch (Belgium)

Nikos Skalkotas Hall
16:30 - 17:15
Breaking news and late arrivals
Chair: J. Messinis (Greece) - A. Makrygiannakis (Greece)
16:30 EU The reproductive health report - contraception
M. Oliveira da Silva (Portugal)
16:45 • IS-21 Vaginal ring technology for contraception and dual protection
R. Sitruk-Ware (Population Council)

17:15 -18:00
Information sharing session for non-medics: Insurance issue, IUD insertion...
Chair: S. Mehigan (UK) - A. Mariolis (Greece)
P. Perma (Greece)

MC 3 room
16:30 - 18:00
Free communication session 3
Chair: D. Kassanos (Greece) - J. Grammatakakis (Greece)
16:30 • FC-17 A randomized study of measurement approaches for pregnancy intentions: results of French national fertility survey (FECOND study)
C. Moreau (France)
16:43 • FC-18 What influences postpartum contraceptive choices?
A.I. Machado (Portugal)
16:56 • FC-19 Comparison between Desogestrel and Lynestrenol use among post-partum Thai women: a prospective, open-label, randomised controlled trial to evaluate the vaginal bleeding patterns, side-effects, safety and acceptability
M. Thamkhantho (Thailand)
17:09 • FC-20 Timely, cost effective and appropriate contraception for adolescent mothers
R. Hamilton (Australia)
17:22 • FC-21 Human Papillomavirus (HPV) – genotype evaluation in a Canadian Subarctic Population and impact on vaccine policy
G. Zahariadis (Canada)
17:35 • FC-22 Appropriate prescribing of combined hormonal contraceptives: impact of Medical Eligibility Criteria implementation on prescribing in the UK
P. Elizabeth Briggs (UK)
17:48 • FC-23 Effect of tailored versus standard use of the combined oral contraceptive pill on continuation rates at one year
J. Stephenson (UK)
**MC 2 room**

16:30 - 17:10  Society Session 7: Society of Family Planning (SFP) - USA

SS7-1 Cost-effectiveness of contraception in preventing unintended pregnancy

C. Westhoff (USA) - J. Trussell (USA) - L.B. Finer (USA)

17:20 - 18:00  Society Session 8: European Consortium for Emergency Contraception

Launch of the European Consortium for Emergency Contraception

Chair: T. Bombas (Portugal)

17:20 • SS8-1 The European Consortium for Emergency Contraception: aims and goals of this new initiative

A. Glasier (UK)

17:30 Emergency contraception in Europe: map of access and use

C. Moreau (France)

17:45 Next steps: ECEC work plans, Q & A and how to become a member

K. Gemzell - Danielsson (Sweden)

18:00  General Assembly

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**Friday, 22 June 2012**

**08:30**

**Alexandra Trianti Hall**

08:30 - 10:00  Keynote session 2: Contraception in Europe

Chair: H. Missey-Kolb (France) - T. Rabe (Germany) - G. Galazios (Greece) - P. Christopoulos (Greece)

08:30 • IS-22 Availability and accessibility

B. Pinter (Slovenia)

09:00 • IS-23 Policies and monitoring

G. Lazdane (WHO)

09:30 • IS-24 Clinical practice: who, what and how?

C. Zätterström (Sweden)

10:00  Break and poster viewing

10:30
Alexandra Trianti Hall
10:30 - 12:00
Sponsored symposium Bayer
Recent developments in hormonal contraception -
New insights from LNG-IUS and E2V/ DNG
Chair: G. Creatsas (Greece)
Recent developments in the clinical use of LNG-IUS
H. Depypere (Belgium)
How to overcome myths and barriers in using IUC, especially in young and nulliparous women
K. J. Bühling (Germany)
Qlaira® in the treatment of heavy menstrual bleeding
D. Mansour (UK)
New insights in hormonal withdrawal associated symptoms -
Results from the HARMONY study
G. Merki-Feld (Switzerland)

Dimitris Mitropoulos Hall
10:30 - 12:00
Congress session 3: Contraception, sexual health and STI
Chair: P. Weiss (Czech Rep.) - C. McNicholas (Ireland) -
D. Loutradis (Greece) - E. Koumantakis (Greece)
10:30 Adolescent sexuality
G. Creatsas (Greece)
10:50 Contraceptive hormones and female sexuality
J. Bitzer (Switzerland)
11:05 • IS-25 The “big five”. Learning from the Dutch Sexual Health
Promotion Program
W. Gianotten (the Netherlands)
11:25 Family planning care and STI prevention
B. Frey Tirri (Switzerland)
11:45 • IS-26 Non contraceptive benefits of permanent contraception
L. Shulman (USA)

Nikos Skalkotas Hall
10:30 - 12:00
Workshop 3: Contraception during the reproductive life cycle
IS-27 T. Bombas (Portugal) - B. Pinter (Slovenia)

MC 3 room
10:30 - 11:10
Society Session 9: Greek Family Planning Association
Family planning: new prospectives
Chair: D. Botsis (Greece) - V. Karagiannis (Greece)
G. Galazios (Greece) - P. Panagopoulos (Greece) -
N. Salakos (Greece) - M. Liasidis (Cyprus) -
P. Patroclou (Cyprus)

11:20 - 12:00
Society Session 10: European Society of Gynecology (ESG)
Chair: D. Serfaty (France)
11:20 • SS10-1 COC containing estetrol (E4) and breast cancer
12:00

12:00 - 13:30 Lunch

Dimitris Mitropoulos Hall

12:15 - 13:15 Sponsored symposium Bayer
The pill: benefits, risks, choices
Chair: P. Smits (Germany)
The pill: benefits
P. Smits (Germany)
The pill: risks
L. Shulman (USA)
The pill: choices
A. Szarewski (UK)

Conference room 1 (CR 1)

12:15 - 13:15 Expert group on sexual and reproductive health and education
IS-28 Forum: Communication on sexuality: a matter of fun or fear
O. Loeber (the Netherlands) - S. Reuter (UK)

MC 3

12:15 - 13:15 Expert group on STI
Infection and contraceptive practice
Chair: J. Paavonen (Finland) - G. Donders (Belgium)
Infection as a cause of abnormal uterine bleeding
P. Greenhouse (UK)
Pelvic infection and pelvic pain update
J. Paavonen (Finland)
Contraception and vaginal infections
G. Donders (Belgium)
Impact on HPV infection after initiating the vaccination programs
P. Horner (UK)
Panel discussion

MC 3.2

12:15 - 13:15 Expert group on abortion
Abortion in Europe: challenges
Chair: E. Aubény (France) - T. Bombas (Portugal)

12:15 Easy access to legal abortion: the real picture
E. Lopez Arregui (Spain)

12:30 • IS-29 Online abortion – safe or unsafe?
K. Guthrie (UK) - A. Verougstraete (Belgium)
12:45  Contraceptive practice with abortion: is there a problem?
      A. Stolfa Gruntar (Slovenia)

13:00  Discussion

Alexandra Trianti Hall
12:15 - 13:15  Expert group on hormonal contraception
Non-oral versus oral contraception: myths and facts
Chair: D. Serfaty (France) - J. Bitzer (Switzerland)

IS-30  Vaginal hormonal contraception combined with new microbicids: a giant’s step or a myth?
R. Sitruk-Ware (Population Council)
Oral estradiol versus ethinyl-estradiol: risks and benefits
S.O. Skouby (Denmark)
Intrauterine progestin delivery: local versus systemic effects
I. Milsom (Sweden)

Nikos Skalkotas Hall
12:15 - 13:15  Expert Group on non-hormonal methods of contraception
Myths and misconceptions about natural family planning
Chairman: I. Batar (Hungary) apologized
Moderator: G. Freundl (Germany)
Introduction
Questions for discussion
- “NFP is better than any other methods”
- “All NFP-methods are the same”
- What is the influence of the personal situation on the decision-making of a person?
- NFP and sexuality
- Empowerment of women: reproductive competence
- Advantages and disadvantages of NFP-methods
- NFP and STD (sexually transmitted infections)
- “Devices are better than woman-based methods”
- Sensiplan - a modern NFP method
- Different NFP-methods for different countries (developed VS developing countries)
Summary and conclusions

MC 2
12:15 - 13:15  Museum of Contraception and Abortion
Moderator: C. Fiala (Austria)
Myths: from the past to present
IS-31  - Self-determination of women vs paternalistic attitudes
A. Furedi (UK)
IS-32  - On the development of Anovlar: socio-historical dimensions
D. Janssens (Belgium)
IS-33  - Abortion then and now
C. Fiala (Austria)
13:30

**Alexandra Trianti Hall**
13:30 - 14:00

Keynote lecture 2: Demography and contraception: facts and fiction  
*Chair: G. Bartfai (Hungary) - V. Yaglov (Russia) - V. Tarlatzis (Greece) - G. Dekavalas (Greece)*  
*Keynote speaker: C. d’Arcangues (WHO)*

14:00

**Alexandra Trianti Hall**
14:00 - 14:45

**Sponsored symposium Pantarhei Bioscience**  
**Androgens Matter**  
*Chair: S. Skouby (Denmark) - H. Coelingh-Bennink (the Netherlands)*

14:00  
Discrete but significant effects of androgens on women’s sexual responsivity during OC use  
*R. van Lunsen (the Netherlands)*

14:20  
Clinical effects of normalising testosterone levels during OC use  
*Y. Zimmerman (the Netherlands)*

14:40  
Discussion

14:45 - 15:30

**Sponsored Symposium Estetra**  
**The fourth Estrogen Estetrol for oral contraception**  
*Chair: H. Coelingh Bennink (the Netherlands) F. Somers (Belgium)*

14:45  
Estetrol a new fetal Human Estrogen with unique properties  
*S. Skouby (Denmark)*

15:05  
Bleeding profile-tolerance and ovulation inhibition of oral contraceptives with Estetrol  
*D. Apter (Finland)*

15:25  
Discussion

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**Dimitris Mitropoulos Hall**
14:00 - 15:30

Congress session 4: Long acting reversible methods  
*Chair: M. Kishen (UK) - D. Serfaty (France) - Th. Stetos (Greece) - V. Karagiannis (Greece)*

14:00  
Why to use long acting reversible contraception (LARC)?  
*D. Serfaty (France)*

14:20  
IS-34  
Dispelling myths around intrauterine contraception  
*A. Glasier (WHO)*

14:40  
How long is it safe to use Depo-Provera?  
*C. d’Arcangues (WHO)*

15:00  
IS-35  
European experience with Implanon  
*D. Mansour (UK)*

15:20  
FC-24  
Free Communication: Pilot study of home self-administration
of subcutaneous depot-medroxyprogesterone acetate for contraception
S. Cameron (UK)

Nikos Skalkotas Hall
14:00 - 15:30
Best poster session
Chair: S. Randall (UK) - S. Skouby (Denmark)

MC 3 room
14:00 - 15:30
Free communication session 4 - Young scientists
Chair: G. Kintis (Greece) - L. Mamas (Greece)
14:00 • FC-25 Expression of VEGF, VEGFR, FGF, HIF1a, HIF3a and female sex hormone receptors in pregnancy tumor of the gingiva
M. Andrikopoulou (Greece)
14:13 • FC-26 Myths and facts about pre-abortion counseling in Belgium
E. Wyverkens (Belgium)
14:26 • FC-27 What is the best way to reduce unintended pregnancies?
An agent-based simulation of contraceptive switching, discontinuation and failure patterns in France
N. Diamond-Smith (USA)
14:39 • FC-28 ContraConcept Study: Prevalence of absolute and relative contra-indications in oral contraceptive users attending the community pharmacy
R. Silva (Portugal)
14:52 • FC-29 Contraceptive practices and abortion on immigrants in Portugal
A. Ferreira (Portugal)
15:05 • FC-30 Repeated induced abortion: what is missing?
C. Marques (Portugal)
15:18 • FC-31 Immunologic effects of etonogestrel-releasing contraceptive implant in women living with human immunodeficiency virus
B. Milena (Brazil)

15:30

Alexandra Trianti Hall
15:30 - 16:00
Keynote lecture 3: Contraception and women’s health
Chair: A. Ber (Israel) - I. Blidaru (Romania)
T. Agorastos (Greece) - C. Kleanthis (Greece)
IS-36 Keynote speaker: P. Hannaford (UK)

16:00
Break and poster viewing

16:30
Alexandra Trianti Hall
16:30 - 18:00

Congress session 5: Permanent contraception
Chair: S. Weyers (Belgium) - I. Lete Lasa (Spain)
S. Kalantaridou (Greece) - K. Bakalianou (Greece)

16:30 • IS-37 Epidemiology of permanent contraception
P. Lobo (Spain)

16:50 • IS-38 How permanent is permanent sterilisation?
Pregnancies after female sterilisation.
S. Weyers (Belgium)

17:10
Male sterilisation
D. Michielsen (Belgium)

17:30 • FC-32 Free communication: Provision of long-acting contraception
in US family planning programs reduces unintended
pregnancies and abortions
P. Darney (USA)

17:45 • FC-33 Free communication: Camp approach laparoscopic
sterilization: A critical analysis
Amrit Bora (India)

Dimitris Mitropoulos Hall
16:30 - 18:00

Workshop 4: Counselling
IS-39 S. Tschudin (Switzerland) - K. Sedlecky (Serbia)

Nikos Skalkotas Hall
16:30 - 17:10

Society Session 11:
Francophone Society of Contraception (FSC) - in French
Les points forts en contraception en 2012
Chair: M. Bouzekrini (Algérie) - H. Chelli (Tunisie) -
D. Serfaty (France) - M. Yacoubi (Maroc)
Contraception d’urgence: Ulipristal acétate (Ellaone® ou
lévonorgestrel (Norlevo®))?
D. Serfaty (France)
Le regret post-stérilisation féminine ou/et masculine:
comment l’évaluer? comment le prévenir?
E. Guilbert (Canada)

SS11-1 Contraception du futur: l’ère de la protéomique et de la
genomique?
R. Sitruk-Ware (Population Council)
Discutants: J.Ch. Moreau (Sénégal), R.X. Perrin (Bénin),
J.F. Meyé (Gabon), B.T. Bonane (Burkina Faso),
R. Dreyfus (France), J. Bitzer (Suisse), U. Gaspard (Belgique),
N. Homasson (France)

17:20 - 18:00

Society Session 12:
Research Center for Obstetrics, Gynaecology and
Perinatology; Ministry of Healthcare and Social
Development of the Russian Federation;
The Russian Association for Population and Development
Contraception in Russia: achievements and prospects
*Chair: V.N. Prilepskaya (Russia)*

**SS12-1** Abortion and contraception - what we have achieved  
*V.N. Prilepskaya (Russia)*

**SS12-2** Myths about contraception and their impact on the population  
*L.V. Erofeeva (Russia)*

**SS12-3** How to improve the situation with the abortion prevention and contraception  
*N.M. Podzolkova (Russia)*

**MC 3 room**  
16:30 - 17:10 Society Session 13: Italian Society of Contraception (SIC)

17:20 - 18:00 Society Session 14: International Federation of Professional Abortion and Contraception Associates (FIAPAC)
Myths in abortion care  
*Chair: K. Gemzell - Danielsson (Sweden) - S. Rowlands (UK)*

17:20 • **SS14-1** Is there a lower gestational limit for abortion?  
*C. Fiala (Austria)*

17:25 • **SS14-2** Medical abortion in non-hospital settings  
*E. Aubény (France)*

17:35 • **SS14-3** Restrictions in access to abortion: the Italian situation  
*M. Parachini (Italy)*

17:50 • **SS14-4** Is a follow-up needed after abortion?  
*S. Cameron (UK)*

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**Saturday, 23 June 2012**

**08:30**

**Alexandra Trianti Hall**

08:30 - 10:00 Keynote session 3: Research in contraception and SRH  
*Chair: I. Viberga (Latvia) - I. Sivin (USA)*  
*G. Mastorakos (Greece) - L. Zafeiropoulos (Greece)*

08:30 Methodology of studies  
*J.-J. Amy (Belgium)*

09:00 Postmarketing studies  
*J. Dinger (Germany)*

09:30 Gaps and limits of evidence  
*C. Westhoff (USA)*  
Discussion

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10:00 Break and poster viewing
10:30

**Alexandra Trianti Hall**

10:30 - 12:00  Congress session 6: Contraception as therapy and in medical conditions  
Chair: A.O. Mueck (Germany) - S Skouby (Denmark) - T. Agorastos (Greece) - G. Politis (Greece)

**10:30 • IS-40** The role of contraception in the treatment of heavy menstrual bleeding (HMB)  
*I. Milsom (Sweden)*

**10:50** Hormonal contraception: The challenge of obesity and diabetes  
*S. Skouby (Denmark)*

**11:10 • IS-41** Breast disorders and hormonal contraception  
*D. Lazaris (Greece)*

**11:30** Contraception in cancer prevention  
*D. Cibula (Czech Republic)*

**11:50 • FC-34** Free communication: A multicenter, randomized, double-blind study to evaluate the efficacy of an extended regimen oral contraceptive pill for the management of menstrually-related migraine headaches  
*B. Howard (USA)*

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12:00  

**Closing session**

Cultural programme:  
*Mr. Antoni Koroneos* (tenor)  
*Mrs. Eleni Boudourakis* (mezzo Soprano)  
*Maestro Mr. Panagis Barbatis* (piano)

Congress highlights:  
*J. Bitzer (Switzerland)*  
*D. Lazaris (Greece)*

Award Ceremony:  
Introduction, *J. Bitzer – S. Randall*  
Best Poster Award  
Public Poster Award  
Best Free Communication Award  
Young Scientist Award

Invitation First Global Conference on contraception, reproductive and sexual health  
Copenhagen, Denmark, 22 – 25 May 2013  
*S. Skouby (Denmark)*

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13:00  

**Congress adjourn**
Exhibit and Sponsors

The exhibition area is situated in the Muses Foyer at level 0. Coffee breaks will be served in the exhibition area. Delegates are encouraged to visit the exhibition stands and to recognise the valuable financial support which these companies have provided towards the congress.

**Opening hours exhibit:**
- Wednesday, June 20 18:00 - 21:00
- Thursday, June 21 08:30 - 18:00
- Friday, June 22 08:30 - 18:00
- Saturday, June 23 08:30 - 13:00

**Major sponsors:**

- Bayer Healthcare
- MSD

**Sponsors:**

- Estetra
- Eurim-Pharm
- Exelgyn
- HRA Pharma
- Informa Healthcare
- Kessel
- Pantarhei Bioscience
- Prosan International
- Theramex
- Wisepress Medical Bookshop
Exhibit plan

- No. 01: MSD
- No. 02: Bayer Healthcare
- No. 03: Theramex
- No. 04: Exelgyn
- No. 05: Kessel
- No. 06: HRA Pharma
- No. 07: Eurim Pharm
- No. 08: WHO
- No. 09: Wonderfull Copenhagen (WOCO)
- No. 10: Faculty of Sexual and Reproductive Healthcare (FSRH)
- No. 11: Informa Healthcare
- No. 12: Wisepress Medical Bookshop
- No. 13: Prosan International
Please reserve the days 22-25 May 2013 in wonderful Copenhagen.

The Premier Global Conference will be unique in its kind. Previous ESC congresses have been organised every second year and belong to the most significant scientific meetings in obstetrics and gynecology. The 2013 conference will be a dynamic meeting with exciting scientific and social interactions with professionals from all over the world! Focusing on empowering of women and all aspects of sexual and reproductive health.

An international Council representing professional organisations as well as individual opinion leaders will together with the ESC Scientific Committee ensure a high educational and scientific level with clear clinical translation. The Congress has a Nordic Organizing committee and strong support from the Nordic Ob/Gyn Societies.

The city has a strong tradition for successful framing of Congresses due to excellent meeting facilities, efficient transportation and quality accommodation. It has a strong capital infrastructure covering the charming Central Copenhagen, the Waterfront and the Örestad area with University Campus and Biotech educational and scientific environments. Careful attention will be given to the social program and activities for accompanying persons to help them and yourself enjoy the highlights of Copenhagen City and its surroundings.

Our aim through this congress is to open up new and global avenues of research and inquiry to promote sexual health care with focus also on regional differences, cultural and political diversities as well as new technologies. Pivotal aspects will be the environmental and demographic benefits of well planned training, diagnostics and therapeutics approaches to sexual reproductive health. The Congress will consist of informative sessions, interactive discussions and symposia that will be conducted by opinion leaders sharing the latest discoveries in all aspects of the field according to the ESC tradition.

We hope to have the pleasure of welcoming you at the Premier Global congress of The European Society of Contraception and Reproductive Health in Copenhagen in May 2013. All efforts are devoted to making this conference a most successful and rewarding event.

Sven O. Skouby
President of the Congress

Johannes Bitzer
President of the ESC
First global conference on contraception, reproductive and sexual health

Copenhagen, Denmark

22-25 May 2013

Organized by the European Society of Contraception and Reproductive Health

ESC Central Office
Opalfeneweg 3, 1740 Ternat, Belgium
www.escrh.eu
info@escrh.eu
Bayer Healthcare Pharmaceuticals cordially invites you to our symposia:

**Changing Attitudes Towards Oral Contraception**  
Chaired by Anne Szarewski (UK) & Ali Kubba (UK)  
**June 21, 2012**  
10:30 a.m. – 12:00 p.m.  
Alexandra Trianti Hall

**A New Evidence-based Treatment Approach in Endometriosis**  
Chaired by Thomas Römer (Germany)  
**June 21, 2012**  
3:45 p.m. – 4:30 p.m.  
Dimitris Mitropoulos Hall

**Recent Developments in Hormonal Contraception—New Insights from LNG-IUS and E2V/DNG**  
Chaired by George Creatsas (Greece)  
**June 22, 2012**  
10:30 a.m. – 12:00 p.m.  
Alexandra Trianti Hall

**The Pill: Benefits, Risks, Choices**  
Chaired by Philip Smits (Germany)  
**June 22, 2012**  
12:15 p.m. – 1:15 p.m.  
Dimitris Mitropoulos Hall