

Second announcement

12th Congress
of the European Society of Contraception
and Reproductive Health

Myths & misconceptions

versus

evidence on contraception

20 to 23 June 2012

Megaron Athens International Conference Centre

ATHENS - GREECE

www.escrh.eu



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Congress secretariat

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For all information regarding the Society, individual or group registrations, the scientific programme, abstracts, sponsorship.

Congress venue

The Megaron Athens International Conference Centre
Vassilissis Sofias & Kokkali
115 21 Athens
Greece
www.megaron.gr

Introduction

Dear colleagues and friends,

We warmly invite you to Athens for the 12th Congress of the European Society of Contraception and Reproductive Health (20-23 June 2012).

The title of the congress “Myths and misconceptions versus evidence on contraception” reflects the fact that despite dissemination of information, the availability of contraceptives and the achievements in the fields of reproductive health, there are still misconceptions, bordering on obsession. These misconceptions greatly affect the will of couples to rely on contraception therefore limiting its use.

Studies have shown that where contraceptive use is inaccessible or of low quality, there are consequences for people’s reproductive health, especially to the younger age groups. Furthermore, well conducted studies have demonstrated great deficiencies in the knowledge of contraception and the existence of misconceptions even among medical doctors, including gynaecologists.

Presentations based on the results of evidence based studies should reveal the truth about contraception and dispel the common myths and misconceptions. We have the ambition and the decisiveness to contribute to the achievement of this goal with the organisation of the 12th ESC Congress.

The format of the congress will be with a wide variety of topics and sessions. A considerable proportion of the scientific programme will be interactive, including meet the expert sessions and workshops.

There is no better place in Europe to discuss these topics than the beautiful city of Athens. Athens is a unique city, combining the splendour of its ancient past with the radiance of modern, living capital. Innumerable cultural venues, leading museums and sites of immense archaeological importance make Athens a city of unsurpassed cultural heritage. All in one Athens offers a visitor experience that is second to none.

June marks the first summer month in Greece so it is ideal to tag a short holiday on to your stay: unique destinations and beautiful scenery await you: historical and cultural heritage, wonderful beaches, night life, picturesque villages...

So join us in Athens!



Dimitrios Lazaris
President of the 12th ESC Congress



Johannes Bitzer
President of the ESC

Contact & organisation

Contact details

Congress secretariat

For all information regarding the Society and the Congress, please contact:

ESC Central Office
Opalfeneweg 3, B-1740 Ternat, Belgium
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Congress venue

The Megaron Athens International Conference Centre
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115 21 Athens
Greece
www.megaron.gr

Organisation

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Hosting societies

Greek Family Planning Association
 Hellenic Endocrine Society

Under the auspices of

Athens Medical Association
 Ministry of Health and Social Solidarity (Greece)
 Panhellenic Medical Association



Athens

Athens is recognised as the birthplace of civilisation. The source of many of the West's intellectual and artistic conceptions, reminders are present throughout the city. The most famous of these is the Parthenon, which dominates the Athenian landscape and is unsurpassed in its beauty, architectural splendour and historic importance. The city's many classical remains can be discovered in the excellent museums, including the newly renovated National Archaeological Museum and New Museum of the Acropolis with their respective superb collections of Greek antiquities.

Bathed in light and drenched in sunshine for 300 days of the year, the vibrant city streets and squares are full of cafés and an astonishing number of restaurants of all styles. Here you can sate your senses with a cuisine recognised as one of the healthiest and tastiest in the world, in restaurants overlooking the moonlit Acropolis or tavernas next to the sparkling Aegean Sea.

Archaeological attractions in Athens

- The Acropolis Hill of Athens is the most important landmark in the city and, as a World Heritage Monument, constitutes one of the most recognisable monuments on Earth. The first habitable remains on the Acropolis date from the Neolithic period.
- The New Acropolis Museum is a purpose built museum by the architect Bernard Tschumi to house the archaeological findings related to the Acropolis Hill.
- The National Archaeological Museum of Athens is the largest, most important archaeological museum in Greece and among the richest in the world for Ancient Greek art.

Historical sites, cultural attractions and sight seeing

- Lycabettus Hill rises 1,000 feet into the Athenian sky offering a unique vantage point to the city.
- The Zappeion Exhibition Hall is one of the outstanding examples of late Athenian Classicism and an archetype of Greek public architecture.
- The Parliament Building (Old Palace) is a representative sample of the early period of Neoclassicism in Greece.

Practical information

How to get to the Megaron Athens International Conference Centre?

The Megaron Athens International Conference Centre is located at the junction of Vassilissis Sofias Avenue and Kokkali Street in the centre of Athens. Eleftherios Venizelos International Airport is Athens' main airport.

From the airport you can reach the Megaron Athens International Conference Centre (approx. 30 minutes):

- By Metro (line 3): The Megaron AICC is accessible by underground railway. The metro stop is "Megaron Mousikis" (Music Megaron).
- By Bus (OASA X95): Buses are available at the arrivals level, between exit 4 & 5. Buses leave every 10-15 minutes. Bus stop Megaron Mousikis.
- By Taxi: Taxis are available at the designated Taxi waiting area located at exit 3 at arrivals level.
- By Car: Take Attiki Odos Avenue. Continue to Mesogeion Avenue and at the end turn right into Vassilissis Sofias Avenue. Follow the road for 0.6 miles and the Megaron AICC is on the right-hand side. The Megaron AICC has an underground parking facility.

Opening hours of the registration desk

- Wednesday, June 20: 12:00 - 18:30
- Thursday, June 21: 08:00 - 18:00
- Friday, June 22: 08:30 - 16:00
- Saturday, June 23: 08:30 - 12:00

Lunches

Participants who register on site for a Meet the Expert session or an Expert Group meeting will have a lunch box provided, otherwise you will need to make your own provision at lunchtime.

CME Credits

The 12th Congress of the European Society of Contraception and Reproductive Health is designated for a maximum of 15 hours of European external CME credits.

Passports & visas

Greece is a member of the Schengen Agreement. Participants are requested to check with the Greece consulate or embassy in their home country or with their travel agency for visa requirements (<http://www1.mfa.gr/en/visas/>).

Currency

The currency in Greece is the Euro (€). All congress fees and rates are charged in Euro. No other currency will be accepted during the Congress.

Insurance, liability

ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.

Electricity

Electric appliances in Greece work with 220 volts, ca. 50 Hz and plugs conform to the European system of round pins with two holes.

Translation

The official language of the congress will be English. There will be simultaneous translation into Russian and Greek. Some of the Society sessions may be held in the language of the organising country.

Sponsorship

If you are interested in supporting the conference please contact:
Ms. Ria Maes, ESC Central Office, Opalfeneweg 3, 1740 Ternat, Belgium
Phone: +32 2 582 08 52, Fax: +32 2 582 55 15, congress@escrh.eu

Climate

June marks the first summer month in Greece. The average high temperature in June: 26 C°. The average low temperature in June: 21 C°.

Social programme

Wednesday, 20 June 2012

Opening Ceremony and Welcome Reception - Alexandra Trianti Hall

All participants are warmly invited to join us for the Opening Ceremony. It will be an entertaining and eventful introduction to the congress. During the ceremony, the ESC Medal will be awarded for the fifth time. After the Opening Ceremony, we invite our delegates to attend the Welcome Reception. Attendance at the Opening Ceremony and Welcome Reception are complimentary for registered participants. There is a charge for accompanying persons who may wish to attend.

Friday, 22 June 2012

Congress Dinner

The 12th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues. We will offer an exquisite blend of excellent food and entertainment in a unique location.

Saturday, 23 June 2012

Closing and Award Ceremony

The Closing and Award Ceremony will be held after the last session of the congress. During this Ceremony, presentations will be made to the winners of the 2012 ESC Poster Award, the Public Poster Award, the Best Free Communication Award as well as the winner of the Young Scientist Award. At the end of the Ceremony we will say goodbye to Athens and welcome the countries hosting the next congresses: Denmark and Portugal.



Wednesday, 20 June 2012

Alexandra Trianti Hall

18:00 Opening Session
19:00 Opening Reception

Thursday, 21 June 2012

Alexandra Trianti Hall

08:30 Keynote session 1:
Myths and misconceptions

10:00 Break and poster viewing

10:30 Sponsored symposium

11:15

12:00 Lunchtime symposium

14:00 Sponsored symposium
HRA Pharma:
Misconceptions in
Emergency Contraception (EC)

14:45

15:30 Break and poster viewing

16:00 Keynote lecture 1:
Myths and misconceptions
about contraception

16:30 Congress session 2:
New concepts in hormonal
contraception

17:15

18:00 General Assembly

Dimitris Mitropoulos Hall

Congress session 1:
Barrier methods and NFP

Meet the Expert sessions (see page 13)

Society session: FSRH
Intrauterine contraception: myths and
misconceptions among providers and
potential users

Society session: WAS
Playing in the interface between sexual
and reproductive health

Free communication session 2

Nikos Skalkotas Hall**MC 3 room****MC 2 room**

Workshop 1:
How to write a paper

Society session: SEC
Are the myths and erroneous
ideas globalized?

Society session: IPPF EN
Exploring the reasons
for low modern contra-
ceptive use in Eastern Europe

Society session:
Swiss Society of Contraception
Important aspects of
contraception in adolescents

Society session: German
Society of Contraception

Workshop 2: STD

Free communication session 1

Interactive workshop:
Hands on (IUD, implants)

Breaking news
and late arrivals

Free communication session 3

Society session: SFP
Cost-effectiveness of
contraception in preventing
unintended pregnancy

Information sharing
session for non-medics

Session: ECEC
Launch of the ECEC

Pre-congress workshop

Let's talk about sex

Date & location

20 June 2012, Megaron Athens International Conference Centre, Athens, Greece

Aim

This is a workshop for professionals involved or interested in sexuality education (SE). It is meant as an introduction to the basic principles of SE, communication about sexuality and tools to be used in SE. We will provide a certificate of attendance to the participants. This workshop is limited to **40 participants** maximum. The workshop is developed and will be delivered by the Expert Group on Sexuality and reproductive health and education.

Workshop co-ordinator: O. Loeber (the Netherlands)

Participants should be aware this workshop is meant as a **first introduction to sexuality education**. We would like to know more about the background of the participants, we therefore ask you to complete an application form where you should add your motive to register for this workshop. We will adapt the programme as much as possible.

Preliminary Scientific Programme

Morning session: Sexuality education and Communication

This will be a plenary session where different aspects of sexuality education will be discussed, such as the definition, principles, aims of sexuality education and skills involved in delivering sexuality education.

Afternoon session: The group will be divided in small groups for different workshops. Each participant can choose two workshops.

- Contraception & STIs, myths and facts
- Doctor Patient communication–attitudes
- Methodical and didactic work with children and young people: tools
- 'Hot bottom issues'/ controversial topics

Registration

If you are interested in attending the pre-congress workshop "Let's talk about sex", please indicate this on the congress registration form. We will then send you an application form.

Registration fee: 50 Euro

Scientific programme

Wednesday, 20 June 2012

Alexandra Trianti Hall

18:00 Opening Session

19:00 Opening Reception

Thursday, 21 June 2012

08:30

Alexandra Trianti Hall

08:30 - 10:00 Keynote session 1: Myths and misconceptions

Chair: P. Patroclou (Cyprus) - P.G. Crosignani (Italy) - G. Farmakides (Greece) - P. Drakakis (Greece)

08:30 Every doctor is a contraception specialist

J. Bitzer (Switzerland)

09:00 Abortion: facts and fiction

K. Gemzell-Danielsson (Sweden)

09:30 Myths about sexuality

R. van Lunsen (the Netherlands)

10:00 Break and poster viewing

10:30

Alexandra Trianti Hall

10:30 - 12:00 Sponsored symposium

Dimitris Mitropoulos Hall

10:30 - 12:00 Congress session 1: Barrier methods and natural family planning

Chair: B. Pinter (Slovenia) - G. Androutsos (Greece) - Th. Theodoridis (Greece) - N. Linardos (Greece)

10:30 Female barrier methods

C. Mauck (USA)

10:50 Male condom

M. Lech (Poland)

11:10 Spermicides

J. Ramalho - Santos (Portugal)

- 11:30 Natural family planning
L. Wallwiener (Germany)
- 11:50 Free communication

Nikos Skalkotas Hall

- 10:30 - 12:00 **Workshop 1: How to write a paper**
J.-J. Amy (Belgium) - M. Berer (UK)

MC 3 room

- 10:30 - 11:10 **Society Session: Spanish Society of Contraception (SEC)**
Are the myths and erroneous ideas globalized?
The hormonal contraception situation in Spain and possible solutions
Chair: E. de la Viuda Garcia (Spain)
- 10:30 Are the myths and erroneous ideas globalized?
The hormonal contraception situation in Spain and possible solutions
J.L. Dueñas Díez (Spain)
- 10:45 Debate
E. López Arregui (Spain) - M. Quesada (Spain) - E. Pérez Campos (Spain)
- 11:05 Q & A
- 11:20 - 12:00 **Society Session: Swiss Society of Contraception**
Important aspects of contraception in adolescents
Chair: G. Merki-Feld (Switzerland) - S. Tschudin (Switzerland)
- 11:20 Different dosages of contraceptives - recommendations for adolescents
R. Drahts (Switzerland)
- 11:40 Contraception after medical abortion
A. Godinho Lourenco (Switzerland)

MC 2 room

- 10:30 - 11:10 **Society Session: International Planned Parenthood Federation European Network (IPPF EN)**
Exploring the reasons for low modern contraceptive use in Eastern Europe
Chair: V. Claeys, IPPF EN Regional Director
- 10:30 Overview of women's access to modern contraception across Europe
J. Dec (Poland)
- 10:40 Results of a field study in 7 countries exploring the reasons for low contraceptive use
M. Vandewiele (Belgium)
- 10:50 Understanding barriers to access in FYROM
M. Carovska (FYROM)
- 11:00 Understanding barriers to access in Armenia
M. Hakobyan (Armenia)
- 11:20 - 12:00 **Society Session: German Society of Contraception**
Chair: T. Rabe (Germany) - A. Mueck (Germany)
- 11:20 Postcoital contraception
T. Rabe (Germany)

- 11:30 Breast cancer: risk or protection during estrogen therapy derived from mechanisms?
A. Mueck (Germany)
- 11:40 Ulipristal acetate - therapeutical options of a new selective progesterone receptor modulator (SPRM) for contraception and treatment of menorrhagia and leiomyoma
T. Rabe (Germany)
- 11:50 Oral hormonal contraception and endometriosis
A. Schindler (Germany)
-

12:00

12:15 - 13:45 Sponsored symposium including lunch

12:30 - 13:30 Meet the Expert sessions

- Side effects of progestogen only contraception (POC)
G. Merki-Feld (Switzerland) - T. Bombas (Portugal)
 - Communicating sexual education
O. Loeber (the Netherlands) - E. Deligeoroglou (Greece)
 - The pleasure principle in sexual health - *S. Slack (UK) - L. Wilson (UK)*
 - Sexual health of people living with HIV - *C. Noestlinger (Belgium) - I. Kint (Belgium)*
 - Practical aspects of PCO and metabolic syndrome
S. Skouby (Denmark) - M. Fanta (Czech Rep.)
 - Critical reading - *I. Lete Lasa (Spain) - A. Webb (UK)*
 - Contraception in cancer survivors - *D. Cibula (Czech Rep.) - M. Kishen (UK)*
 - Emergency contraception - *B. Frey Tirri (Switzerland) - K. Sedlecky (Serbia)*
 - What about boys - *D. Apter (Finland) - O. Kapella (Austria)*
 - Medical abortion - *K. Gemzell-Danielsson (Sweden) - C. Fiala (Austria)*
-

14:00

Alexandra Trianti Hall

- 14:00 - 15:30 Sponsored symposium: HRA Pharma
Misconceptions in Emergency Contraception (EC)
Chair: J. Trussell (USA)
- 14:00 Does access to EC affect adolescents' sexual behavior?
D. Apter (Finland)
- 14:30 How critical is timing for emergency contraception?
D. Mansour (UK)
- 15:00 Is there a difference between the effects of UPA & LNG on follicular rupture?
V. Brache (Dominican Republic)

Dimitris Mitropoulos Hall

- 14:00 - 14:40 Society Session: Faculty of Sexual and Reproductive Healthcare (FSRH) - UK
Chair: C. Wilkinson (UK)

Intrauterine contraception: myths and misconceptions among providers and potential users

A. Glasier (UK) - A. Gebbie (UK)

14:50 - 15:30 **Society Session: World Association for Sexual Health (WAS)**
Playing in the interface between sexual and reproductive health
Chair: K. Wylie (UK)

14:50 Sexual aspects of contraception
J. Bitzer (Switzerland)

15:03 Sexual variety as contraception
K. Wylie (UK)

15:15 Sexual aspects of not conceiving
W. Gianotten (the Netherlands)

Nikos Skalkotas Hall

14:00 - 15:30 **Workshop 2: STD**
*P. Horner (UK) - B. Frey-Tirri (Switzerland) -
J. Paavonen (Finland) - G. Donders (Belgium)*

MC 3 room

14:00 - 15:30 **Free communication session 1**
J. Tzafetas (Greece) - K. Stefanidis (Greece)

MC 2 room

14:00 - 15:30 **Interactive workshop: Hands on (IUD, implants)**
R. Beerthuizen (the Netherlands) - P. Panagopoulos (Greece)

15:30 Break and poster viewing

16:00

Alexandra Trianti Hall

16:00 - 16:30 **Keynote lecture 1: Myths and misconceptions about contraception**
*Chair: D. Lazaris (Greece) - A. Volpe (Italy) - G. Georgadakis (Greece) -
E.F. Papamargaritis (Greece)*
Keynote speaker: M. Kishen (UK)

16:30

Alexandra Trianti Hall

16:30 - 18:00 **Congress session 2: New concepts in hormonal contraception**
*Chair: G. Merki (Switzerland) - S. Skouby (Denmark) - K. Dafopoulos (Greece) -
L. Michalakis (Greece)*
16:30 Hormonal contraception in the future: Extended cycle regimens?
S. Skouby (Denmark)

- 16:50 Combined pills with estradiol: Risks and benefits
G. Merki (Switzerland)
- 17:10 Estetrol in oral contraception: is it a safer alternative?
R. Dubey (USA)
- 17:30 Emergency contraception with Ulipristal
S. Cameron (UK)
- 17:50 Free communication

Dimitris Mitropoulos Hall

- 16:30 - 18:00 Free communication session 2
Chair: G. Kallipolitis (Greece) - A. Gerolymatos (Greece)

Nikos Skalkotas Hall

- 16:30 - 17:15 Breaking news and late arrivals
Chair: T. Agorastos (Greece) - A. Makrygiannakis (Greece)
- 16:30 EU The reproductive health report - contraception
M. Oliveira da Silva (Portugal)
- 16:45 Vaginal ring technology for contraception and dual protection
R. Sitruk-Ware (Population Council)
- 17:15 -18:00 Information sharing session for non-medics:
Insurance issue, IUD insertion...
Chair: S. Mehigan (UK) - A. Mariolis (Greece)

MC 3 room

- 16:30 - 18:00 Free communication session 3
Chair: D. Kassanos (Greece) - J. Grammatatakakis (Greece)

MC 2 room

- 16:30 - 17:10 Society Session: Society of Family Planning (SFP) - USA
Cost-effectiveness of contraception in preventing unintended pregnancy
C. Westhoff (USA) - J. Trussell (USA) - L.B. Finer (USA)
- 17:20 -18:00 Session: European Consortium for Emergency Contraception
Launch of the European Consortium for Emergency Contraception
Chair: T. Bombas (Portugal)
- 17:20 The European Consortium for Emergency Contraception: aims and goals of this new initiative
A. Glasier (UK)
- 17:30 Emergency contraception in Europe: map of access and use
C. Moreau (France)
- 17:45 Next steps: ECEC work plans, Q &A and how to become a member
K. Gemzell - Danielsson (Sweden)

-
- 18:00** General Assembly
-

Friday, 22 June 2012

Alexandra Trianti Hall

08:30 Keynote session 2:
Contraception in Europe

10:00 Break and poster viewing

10:30 Sponsored symposium

11:15

12:00 Lunch

13:30 Keynote lecture 2:
Demography and contraception:
facts and fiction

14:00 Sponsored symposium

15:30 Keynote lecture 3:
Contraception and women's health

16:00 Break and poster viewing

16:30 Congress session 5:
Permanent contraception

17:15

Dimitris Mitropoulos Hall

Congress session 3:
Contraception, sexual health and STI

Expert group sessions (see page 19)

Congress session 4:
Long acting reversible methods

Workshop 4: Counselling

Saturday, 23 June 2012

Alexandra Trianti Hall

08:30 Keynote session 3: Research in contraception and SRH

10:00 Break and poster viewing

10:30 Congress session 6: Contraception as therapy and in medical conditions

12:00 Closing session

12:30 Congress adjourn

Nikos Skalkotas Hall**MC 3 room**

Workshop 3:
Contraception during the
reproductive life cycle

Society session:
Greek Family Planning Association
Family planning: new perspectives

Society Session: ESG

Best poster session

Free communication session 4

Society session: FSC
Les points forts en contraception
en 2012

Society session: SIC

Joint Society Session
The Russian Society of Contraception
The Russian Association for
Population and Development
Contraception in Russia:
achievements and prospects

Society session: FIAPAC
Myths in abortion care

Friday, 22 June 2012

08:30

Alexandra Trianti Hall

08:30 - 10:00 Keynote session 2: Contraception in Europe

Chair: H. Missey-Kolb (France) - T. Rabe (Germany) - G. Galazios (Greece) - P. Christopoulos (Greece)

08:30 Availability and accessibility

B. Pinter (Slovenia)

09:00 Policies and monitoring

G. Lazdane (WHO)

09:30 Clinical practice: who, what and how?

C. Zätterström (Sweden)

10:00 Break and poster viewing

10:30

Alexandra Trianti Hall

10:30 - 12:00 Sponsored symposium

Dimitris Mitropoulos Hall

10:30 - 12:00 Congress session 3: Contraception, sexual health and STI

Chair: P. Weiss (Czech Rep.) - C. McNicholas (Ireland) - D. Loutradis (Greece) - E. Koumantakis (Greece)

10:30 Adolescent sexuality

G. Creatsas (Greece)

10:50 Contraceptive hormones and female sexuality

J. Bitzer (Switzerland)

11:05 The "big five". Learning from the Dutch Sexual Health Promotion Program

W. Gianotten (the Netherlands)

11:25 Family planning care and STI prevention

B. Frey Tirri (Switzerland)

11:45 Non contraceptive benefits of permanent contraception

L. Shulman (USA)

Nikos Skalkotas Hall

10:30 - 12:00 Workshop 3: Contraception during the reproductive life cycle

T. Bombas (Portugal) - B. Pinter (Slovenia)

MC 3 room

10:30 - 11:10 Society Session: Greek Family Planning Association

Family planning: new perspectives

Chair: D. Botsis (Greece) - V. Karagiannis (Greece)

G. Galazios (Greece) - P. Panagopoulos (Greece) - N. Salakos (Greece) - M. Liasidis (Cyprus) - P. Patroclou (Cyprus)

- 11:20 - 12:00 **Society Session: European Society of Gynecology (ESG)**
Chair: D. Serfaty (France)
- 11:20 COC containing estetrol (E4) and breast cancer
H.J.T. Coelingh Bennink (the Netherlands)
- 11:40 Oral contraceptives and cancer incidence
S. Skouby (Denmark)
-

12:00

- 12:00 - 13:30 **Lunch**
- 12:15 - 13:15 **Expert group on sexual and reproductive health and education**
 Forum: Communication on sexuality: a matter of fun or fear
O. Loeber (the Netherlands)
- 12:15 - 13:15 **Expert group on STI**
 Infection and contraceptive practice
Chair: J. Paavonen (Finland) - G. Donders (Belgium)
 Infection as a cause of abnormal uterine bleeding
P. Greenhouse (UK)
 Pelvic infection and pelvic pain update
J. Paavonen (Finland)
 Contraception and vaginal infections
G. Donders (Belgium)
 Impact on HPV infection after initiating the vaccination programs
P. Horner (UK)
 Panel discussion
- 12:15 - 13:15 **Expert group on abortion**
 Abortion in Europe: challenges
Chair: E. Aubény (France) - T. Bombas (Portugal)
- 12:15 Easy access to legal abortion: the real picture
E. Lopez Arregui (Spain)
- 12:30 Online abortion – safe or unsafe?
K. Guthrie (UK) - A. Verougstraete (Belgium)
- 12:45 Contraceptive practice with abortion: is there a problem?
A. Stolfa Gruntar (Slovenia)
- 13:00 Discussion
- 12:15 - 13:15 **Expert group on hormonal contraception**
 Non-oral versus oral contraception: myths and facts
Chair: D. Serfaty (France) - J. Bitzer (Switzerland)

Vaginal hormonal contraception combined with new microbicides: a giant's step or a myth?

R. Sitruk-Ware (Population Council)

Oral estradiol versus ethinyl-estradiol: risks and benefits

S.O. Skouby (Denmark)

Intrauterine progestin delivery: local versus systemic effects

I. Milsom (Sweden)

12:15 - 13:15 **Expert Group on non-hormonal methods of contraception**
Myths and misconceptions about natural family planning
Chairman: I. Batar (Hungary) - Moderator: G. Freundl (Germany)

12:15 - 13:15 **Museum of Contraception and Abortion**
Moderator: C. Fiala (Austria)
Myths: from the past to present
- Self-determination of women vs paternalistic attitudes
- IUD development: considerations and obstacles
- Abortion then and now
- On the development of Anovlar: socio-historical dimensions

13:30

Alexandra Trianti Hall

13:30 - 14:00 **Keynote lecture 2: Demography and contraception: facts and fiction**
Chair: G. Bartfai (Hungary) - V. Yaglov (Russia) - V. Tarlatzis (Greece) - G. Dekavalas (Greece)
Keynote speaker: C. d'Arcangues (WHO)

14:00

Alexandra Trianti Hall

14:00 - 15:30 **Sponsored symposium**

Dimitris Mitropoulos Hall

14:00 - 15:30 **Congress session 4: Long acting reversible methods**
Chair: M. Kishen (UK) - D. Serfaty (France) - Th. Stefanos (Greece) - V. Karagiannis (Greece)

14:00 Why use long acting reversible contraception (LARC)?
D. Serfaty (France)

14:20 Dispelling myths around intrauterine contraception
A. Glasier (WHO)

14:40 How long is it safe to use Depo-Provera?
C. d'Arcangues (WHO)

15:00 European experience with Implanon
D. Mansour (UK)

15:20 Free Communication

Nikos Skalkotas Hall

14:00 - 15:30 Best poster session

MC 3 room

14:00 - 15:30 Free communication session 4

Chair: G. Kintis (Greece) - L. Mamas (Greece)

15:30**Alexandra Trianti Hall**

15:30 - 16:00 Keynote lecture 3: Contraception and women's health

Chair: A. Ber (Israel) - I. Blidaru (Romania) - J. Messinis (Greece) - C. Kleanthis (Greece)

Keynote speaker: *P. Hannaford (UK)*

16:00

Break and poster viewing

16:30**Alexandra Trianti Hall**

16:30 - 18:00 Congress session 5: Permanent contraception

Chair: S. Weyers (Belgium) - I. Lete Lasa (Spain) - S. Kalantaridou (Greece) - K. Bakalianou (Greece)

16:30 Epidemiology of permanent contraception

P. Lobo (Spain)

16:50 How permanent is permanent sterilisation?

Pregnancies after sterilisation.

S. Weyers (Belgium)

17:10 Male sterilisation

D. Michielsen (Belgium)

17:30 Free communication

17:45 Free communication

Dimitris Mitropoulos Hall

16:30 - 18:00 Workshop 4: Counselling

J. Bitzer (Switzerland) - K. Sedlecky (Serbia)

Nikos Skalkotas Hall

16:30 - 17:10 Society Session: Francophone Society of Contraception (FSC) - in French

Sous réserve d'accord des orateurs et des modérateurs sollicités

Les points forts en contraception en 2012

Chair: M. Bouzekrini (Algérie) - H. Chelli (Tunisie) - D. Serfaty (France) -

M. Yacoubi (Maroc)

Contraception d'urgence: Ulipristal acétate (Ellaone® ou lévonorgestrel (Norlevo®))?

D. Serfaty (France)

Le regret post-stérilisation féminine ou/et masculine: comment l'évaluer? comment le prévenir?

E. Guilbert (Canada)

Contraception du futur: l'ère de la protéomique et de la génomique?

R. Sitruk-Ware (Population Council)

Discutants: J.Ch. Moreau (Sénégal), R.X. Perrin (Bénin), J.F. Meyé (Gabon),

B.T. Bonane (Burkina Faso), R. Dreyfus (France), J. Bitzer (Suisse), U. Gaspard (Belgique), N. Homasson (France)

17:20 - 18:00

Society Session:

**The Russian Society for Contraception and
The Russian Association for Population and Development**

Contraception in Russia: achievements and prospects

Chair: V.N. Prilepskaya (Russia)

Abortion and contraception - what we have achieved

V.N. Prilepskaya (Russia)

Myths about contraception and their impact on the population

L.V. Erofeeva (Russia)

How to improve the situation with the abortion prevention and contraception

N.M. Podzolkova (Russia)

MC 3 room

16:30 - 17:10

Society Session: Italian Society of Contraception (SIC)

17:20 - 18:00

**Society Session: International Federation of Professional Abortion and
Contraception Associates (FIAPAC)**

Myths in abortion care

Chair: K. Gemzell - Danielsson (Sweden) - S. Rowlands (UK)

17:20

Is there a lower gestational limit for abortion?

C. Fiala (Austria)

17:25

Medical abortion in non-hospital settings

E. Aubény (France)

17:35

Restrictions in access to abortion: the Italian situation

M. Parachini (Italy)

17:50

Is a follow-up needed after abortion?

S. Cameron (UK)

Saturday, 23 June 2012

08:30

Alexandra Trianti Hall

- 08:30 - 10:00 **Keynote session 3: Research in contraception and SRH**
Chair: I. Viberga (Latvia) - I. Sivin (USA) - G. Mastorakos (Greece) - L. Zafeiropoulos (Greece)
- 08:30 Methodology of studies
J.-J. Amy (Belgium)
- 09:00 Postmarketing studies
J. Dinger (Germany)
- 09:30 Gaps and limits of evidence
C. Westhoff (USA)
 Discussion
-

10:00 Break and poster viewing

10:30

Alexandra Trianti Hall

- 10:30 - 12:00 **Congress session 6: Contraception as therapy and in medical conditions**
Chair: A.O. Mueck (Germany) - S Skouby (Denmark) - T. Agorastos (Greece) - G. Politis (Greece)
- 10:30 The role of contraception in the treatment of heavy menstrual bleeding (HMB)
I. Milsom (Sweden)
- 10:50 Hormonal contraception: The challenge of obesity and diabetes
S. Skouby (Denmark)
- 11:10 Breast disorders and hormonal contraception
D. Lazaris (Greece)
- 11:30 Contraception in cancer prevention
D. Cibula (Czech Republic)
- 11:50 Free communication
-

12:00 Closing session

12:30 Congress adjourn

Hotel accommodation

Accommodation & tours Reservation Agency

MDcongress

Tel: +30 2106074200,

E-mail: ch.zafeirouli@mdcongress.gr, md@mdcongress.gr

Website: www.esc2012.mdcongress.gr

For hotel & tours reservations you can contact MDcongress. MDcongress has made special price arrangements during the ESC congress with hotels in Athens. We strongly advise you to book your hotel as soon as possible to guarantee a room in a hotel of your preference. In order to book your hotel you can send an e-mail at ch.zafeirouli@mdcongress.gr or make your booking online at the website www.esc2012.mdcongress.gr

HOTEL	Grade	# Rooms	Prices (€)		5-20 min distance Megaron AICC
			Single	Double	
Athens Hilton	5	508	210	220	walking
Divani Palace	5	250	175	195	Public transport
Grande Bretagne	5	321	265	275	walking
King George II	5	102	250	250	walking
Crown Plaza	5	192	230	250	walking
Park	5	150	130	150	Public transport
Divani Caravel	5	471	185	205	Public transport
St George Lycabettus	5	162	220	240	public transport
Electra Palace	5	155	195	215	Public transport
Ledra Marriot	5	314	210	220	Public transport
Royal Olympic	5	260	160	160	Public transport
Athens Plaza	5	182	180	190	Public transport
Athens Imperial	5	262	140	150	Public transport
Airotel Alexandros	4	92	145	155	walking
Golden Age	4	122	135	150	walking
Zafolia	4	191	145	155	Public transport
President	4	516	95	105	Public transport
Embassy	4	31	135	155	walking
Polis Grand	4	100	100	110	Public transport
Melia	4	136	175	175	Public transport
Titania	4	384	110	120	Public transport
Electra Hotel	4	109	155	175	Public transport
Athens Lotus	4	31	75	85	Public transport
Airotel Parthenon	4	79	130	130	Public transport
New	4	79	180	190	Public transport
Airotel Stratos Vassilikos	4	88	150	150	walking

If you are interested to make your booking in an other hotel than the above please contact MDcongress and they will send you an offer. Prices are indicative for 2012 and may be different at the time of booking.

Tours

Athens City Tour with tour of the Acropolis & Acropolis Museum

Sit back and relax in one of our luxury air-conditioned buses. Our professional guides will tell you the history of while you see all the major sites and gain a complete picture of the city. You will then be guided around the Acropolis Hill just outside the unique Parthenon and later you will have some free time to visit the Acropolis Museum on your own. Afterwards we will take you on a guided tour of the New Acropolis Museum, located at the foot of the Acropolis.

- Departures: Daily
 - Duration: 07:30 - 14:00
 - Includes: Pick-up service from or near your hotel, Acropolis and Museum Guided Tour, Entrance fees
-

Arachova & Delphi

Driving through the fertile plain of Beotia, crossing the towns of Thebes, connected with the tragedy of King Oedipus, Levadia and Arachova. You arrive at Delphi, the centre of the Ancient World - the Navel of the Earth.

You will visit the Museum containing such masterpieces of ancient Greek sculpture as the famous bronze Charioteer, and the statue of the athlete, Aghias. You will feel the mystery in the Temple of Apollo where Pythia was seated giving out her predictions of the future. See the Castalia spring with the two monumental fountains receiving water from the spring for the last 3000 years. After lunch we will visit the traditional Greek village of Arachova known for its famous handmade carpets and quilts. Then we will continue through the cities of Levadia and Thieves arriving back in Athens.

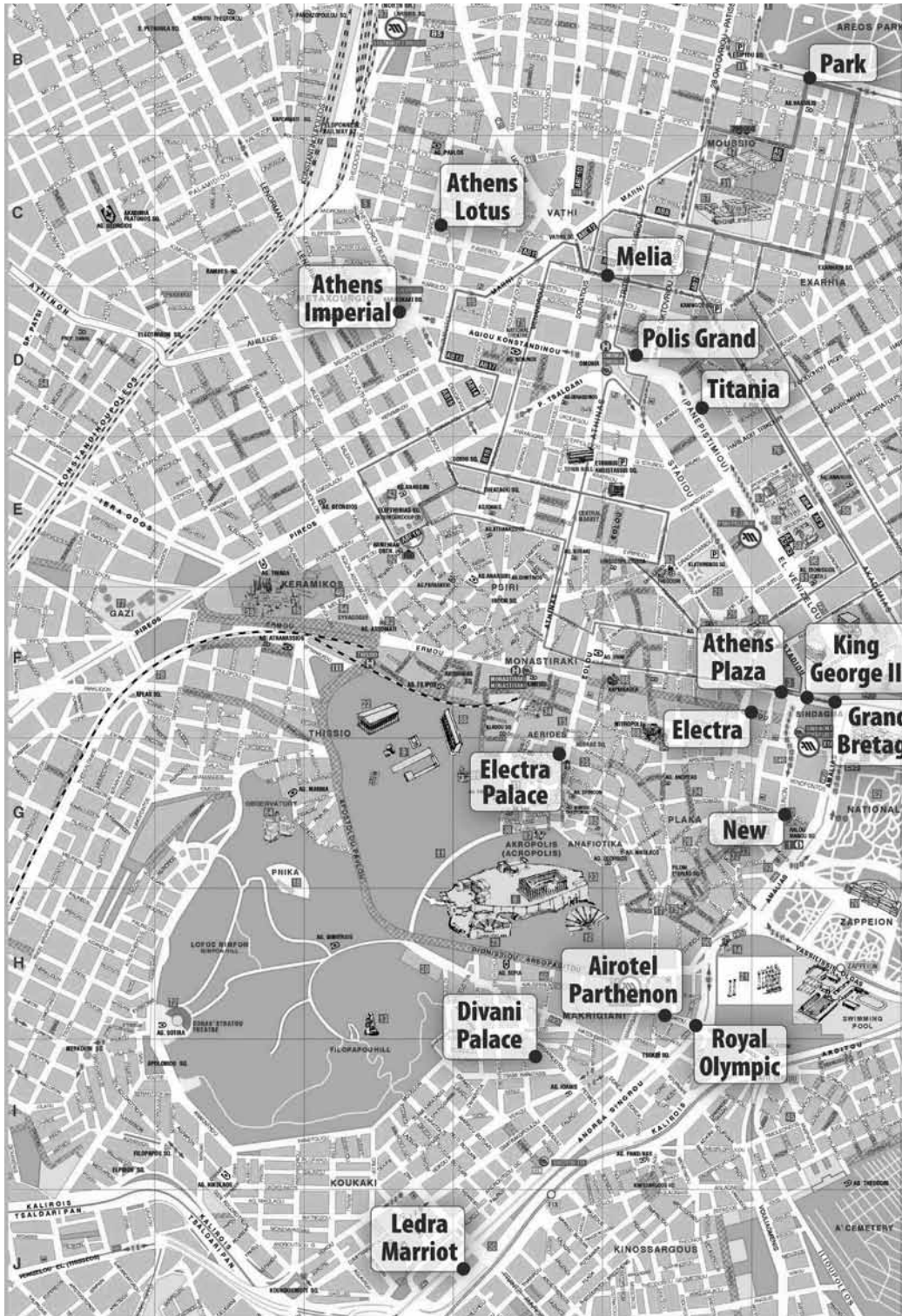
- Departures: Daily
 - Duration: 07:30 - 18:30
 - Includes: Pick-up service from or near your hotel; Guided tour; Entrance fees to archaeological sites and Museum, Lunch
-

The following tours are also available:

- Mycenae - Nauplion - Epidaurus
- Santorini
- Mykonos
- One day cruise to 3 islands of Aegina, Poros and Hydra
- Poros

For further information regarding these or other tours, hotel reservations, tour guides, restaurants, prices and availability please contact MDcongress, or visit the Website:

www.esc2012.mdcongress.gr



Park

Athens Lotus

Athens Imperial

Melia

Polis Grand

Titania

Athens Plaza

King George II

Grand Bretagne

Electra Palace

Electra

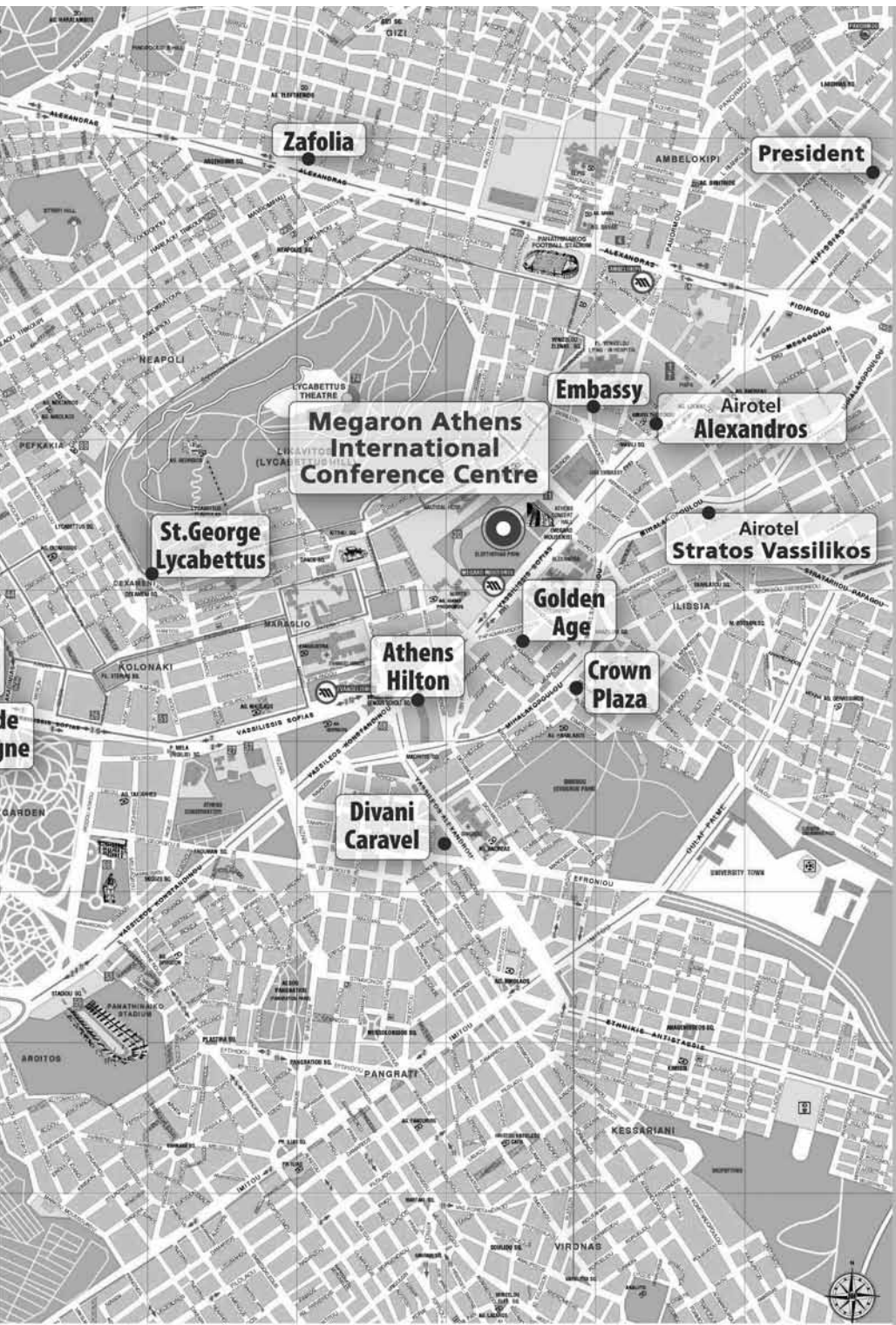
New

Airtel Parthenon

Divani Palace

Royal Olympic

Ledra Marriot





Registration

Participants are encouraged to register through the **online system**, available at **www.escrh.eu** (events section):

www.escrh.eu/events/esc-events/12th-esc-congress/registration

Completed forms together with the appropriate payment should be sent to the Congress Secretariat. Each registration form is for one participant only.

Please contact the congress secretariat for group registrations.

Registration

All amounts are payable in euro. Registration fees include 23% Greek VAT

	Before 1 March	From 1 March	After 15 May or on-site
• ESC members	500	600	700
• Non-members	600	700	800
• Nurses, midwives, social workers, counsellors (non-MD), medical students (*)			
ESC members	180	280	440
Non-members	280	380	540
• Greek participants	270	370	530
• Congress Dinner	110	110	110
• Opening Ceremony and Reception per person attending beside yourself	45	45	45

* Provide an official letter to confirm your status

Payment

- by credit card (Mastercard – VISA)
- by bank transfer in EURO (with no costs for the beneficiary)
 - Account name: European Society of Contraception and Reproductive Health
 - Bank name: ING Belgium
 - SWIFT code: BBRUBEBB
 - International Bank Account number (IBAN): BE45 3101 2639 1389
 - Bank address: Marktplein 26, B-1740 Ternat, Belgium
 - Put in reference: 12th Congress + your name

Registration package

The registration package for the participants includes:

- admission to the scientific sessions and the exhibition area
 - access to the opening ceremony
 - abstract book
 - final programme
 - certificate of attendance
 - coffee and tea during breaks
 - welcome cocktail
 - lunch box (if registered on site for one of the lunch time activities)
-

Cancellation policy

All refunds will incur a 20% handling fee. No refunds will be made after 1 March, 2012. However, another delegate can be nominated as a replacement. Cancellation must be in writing (by letter, fax, or e-mail) to the Congress Secretariat. The date of post-mark will be used when considering a refund. All refunds will be made after the Congress. Participants should state the bank details to which refunds should be made.

Confirmation

Upon receipt of the registration form(s) with the **appropriate fees**, confirmation will be sent together with a receipt of payment. Once registered, registrations cannot be changed to another fee category.

On-site registrations

While it will be possible to register on site, we do suggest that participants take advantage of the lower fee (pre-registrations) and of the convenience of registering in advance.

REGISTRATION FORM - 12TH CONGRESS OF THE ESC

Athens • Greece • 20 – 23 June 2012

Please return to

ESC Central Office, Opalfeneweg 3, B-1740 Ternat, Belgium, Tel +32 2 582 08 52 • Fax +32 2 582 55 15 •
E-mail: congress@escrh.eu

Personal details

Family/Last Name:

First name:

Title: Prof.Dr. Dr. Ms Mr

Institute:

Department:

Street and Number:

Zip code and City:

Country:

Tel.:

Fax:

Mobile:

E-mail:

The above identification details might be used by the ESC for future mailings. Please note that you have the right to change and to look at the personal information which is kept by the ESC at any time and on request Please tick the box if you do NOT wish your name and address to be included in the following type of mailings: Non-ESC related activities Company related information

Registration part (registration fees include 23% Greek VAT)

All payments are payable in EURO	Before 1 March	From 1 March	After 15 May or on-site	Amount to pay
ESC members	500	600	700	<input type="text"/>
Non-members	600	700	800	<input type="text"/>
Nurses, midwives, social workers, counsellors (non-MD), medical students (*)				
ESC members	180	280	440	<input type="text"/>
Non-members	280	380	540	<input type="text"/>
Greek participants	270	370	530	<input type="text"/>
Congress Dinner	110	110	110	<input type="text"/>
Extra person(s) besides yourself attending the Opening Ceremony and Reception	45	45	45	<input type="text"/>
Total amount due in EURO:				<input type="text"/>

* Provide an official letter to confirm your status

- I will participate in the Opening Reception (Wednesday, 20 June 2012) Free of charge.
 I want to attend the pre-congress workshop "Let's talk about sex", please send me an application form

Last name - first Name :

(Please inform us of your name once more for practical reasons)

Payment details

Amount due: EURO

Please charge my credit card Eurocard/Mastercard VISA

Card N°:

Exp. date: / CVC: CVC : last 3 digits of number on the back of the credit card

Name of Cardholder:

Signature:

I have made a bank transfer in EURO (with no costs for the beneficiary)

Account name: European Society of Contraception and Reproductive Health

Bank name: ING Belgium

SWIFT code: BBRUBEBB

International Bank Account Number (IBAN) BE45 3101 2639 1389

Bank address: ING bank, Marktplein 26, B-1740 Ternat, Belgium

Put in the reference: 12th Congress + your name

Please complete your invoice details here (if different from registration details):

Family/Last Name:

First name:

Title: Prof.Dr. Dr. Ms Mr

Institute:

Department:

Street and Number:

Zip code and City:

Country:

VAT N°:

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Signature:

Date:



For updated information
consult the
ESC website
www.escrh.eu

Simultaneous translation is foreseen
into Russian and Greek.



For all information, please contact:
ESC Central Office
Opalfeneweg 3
B-1740 Ternat, Belgium
T +32 2 582 08 52
F +32 2 582 55 15
congress@escrh.eu
www.escrh.eu